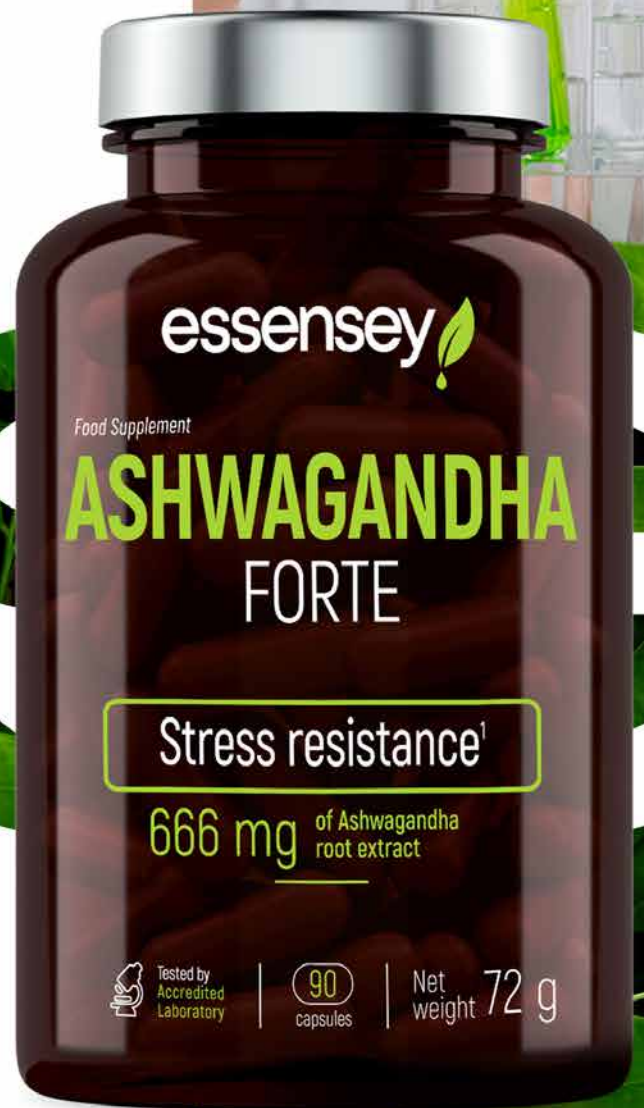


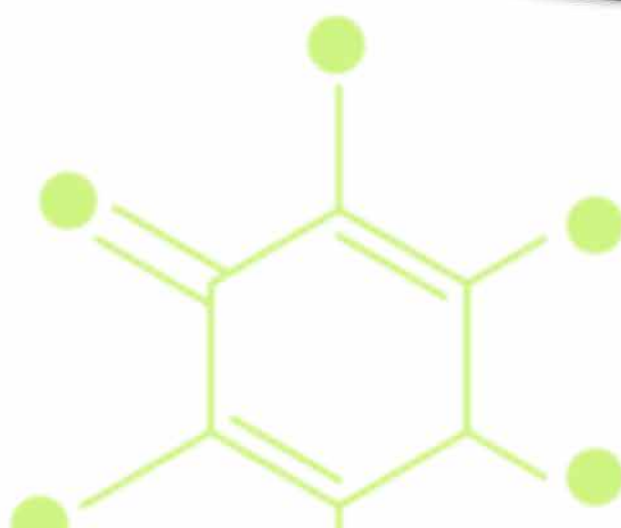
PRODUCT CATALOGUE

essensey

Nature and Science



FOOD SUPPLEMENT







essensey

Suplement diety
OMEGA 3-6-9

NATURALNE KWASY TŁUSZCZOWE

Olej z ogórecznika

+ Olej lniany
z olejem rybcim i CLA

Produkt w
zastosowaniu
laboratoryjnym

90
kapsułek

masa
netto 73,8 g

HARMONY OF NATURE AND SCIENCE

ESSENSEY was born from perfectly harmonious meeting of nature and science to help maintain homeostasis, the state of balance within all physical systems needed for a body to function properly and survive, naturally. Even the slightest disorders like lack of adequate sleep or fatigue take a serious toll on energy levels required to complete daily challenges. They also affect mood and outlook.

HOLISTIC APPROACH

We are driven by holistic thinking for body and mind wellness to formulate our expert designed, science-based products to promote:

- **healthy eating habits and nutrition**
- **sleep hygiene and health**
- **physical activity and regular exercise**
- **mind wellness**

INSPIRED BY NATURE

In **ESSENSEY** we believe in the power of nature and we strive to maximise what is best in nature by sourcing our ingredients in different parts of the world for our nature inspired products.

CERTIFIED QUALITY AND SAFETY

We take great care to ensure safety and high standards of manufacturing so that you can enjoy finest, premium quality formulations produced at our **ISO9001** and **ISO22000** certified manufacturing site.

All our products are tested for safety by certified laboratories. We collaborate, on a regular basis, with **J.S. Hamilton Poland**, the accredited for highest quality standards proven and recognised by the **Polish Centre for Accreditation** and member of national and international organisations.

BRAND VALUES

At its core **ESSENSEY** is all about the harmony and balance to ensure mood health and power up the powerhouse of body cells so that you can enjoy adequate energy levels to pursue goals, succeed in one's endeavours and meet demands of modern wellbeing every day.

PORTFOLIO

In **ESSENSEY**, we do understand our customers' needs vary. Therefore, committed to meet these highly variable needs of men and women, we have created product portfolio which features a wide variety of formulations meticulously designed with expert knowledge including vitamin, mineral, herbal and EFA supplements.

Our experts: nutrition technologists, dieticians, microbiologists work to develop high potency formulas characterised by the highest possible active ingredient concentrations, optimised bioavailability and good value for money.

TABLE OF CONTENTS

PLANT SUPPLEMENTS

Ashwagandha Forte	6
Ashwagandha Exclusive KSM-66	7
Gingseng	8
Bacopa Monnieri	9
Rhodiola Rosea	10
Milk thistle	11
Maca	12
Gotu Kola	13
Boswellia Serrata	14
Guarana	15
Caffeine	16
Berberine + Turmeric	17

FATTY ACID SUPPLEMENTS

Omega 3	18
Omega 3-6-9	19
Omega 3 + 2000 IU D3	20
ALA	21
CLA	22

COLLAGEN SUPPLEMENTS

Collagen Forte	23
Collagen Anti Age	24
Collagen +	25
Flexer	26

VITAMIN SUPPLEMENTS

D3 K2 MK-7	27
D3	28
Vitamin B Complex	29
Multivit for Her + Biotin	30
Multivit for Him + Maca root	31

MINERAL SUPPLEMENTS

Magnesium + B6	32
Magnesium + Zinc + B6	33
Organic Zinc	34
Potassium Forte	35
Chromium	36
Niacin Forte	37
MSM	38

AMINO ACID SUPPLEMENTS

L-Tryptophan	39
L-Carnitine	40
NAC	41

OTHER SUPPLEMENTS

Melatonin	42
Night-er	43
Hyaluronic acid +	44
Glucosamine + Chondroitin + MSM	45
Lutein Forte	46

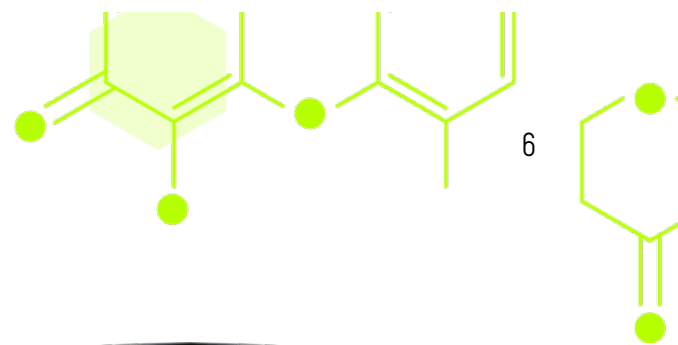
ASHWAGANDHA FORTE

Fortified stress resilience¹

DAILY PORTION CONTAINS:

- **666 mg** of Ashwagandha root extract
- **10 mg** of active ingredients (withanolides)

High-Concentration Ashwagandha Root Extract (HCARE)



Accredited Lab Tested

SUITABLE FOR VEGETARIANS

Certified for quality:
ISO 9001 ISO 22000

EASY-TO-SWALLOW CAPSULES

FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

ASHWAGANDHA USES & BENEFITS:

- ¹ helps build body's stress resilience
- enhances optimal relaxation
- contributes to mood health and physical wellbeing
- alleviates tension or anxiety
- contributes to maintaining healthy emotional balance

PRODUCT FOR:

- people exposed to severe, prolonged or frequent stress or athletes engaged in high intensity training

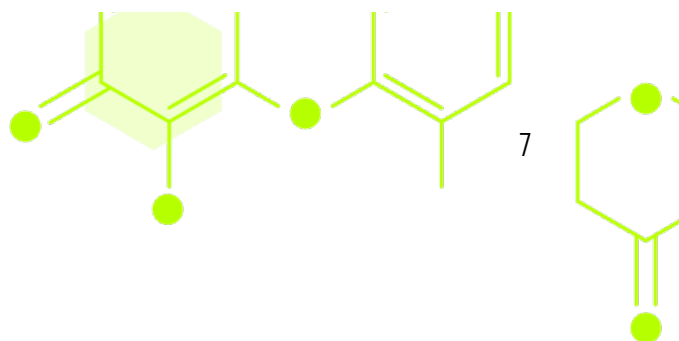


Pack size:
90 capsules (90 servings)

ACTIVE INGREDIENTS:	
Daily reference intake: 1 capsule	
Servings per package: 90	
	1 capsule contains*
Ashwagandha root extract	666 mg
incl. withanolides	10 mg

* Daily Value (DV)





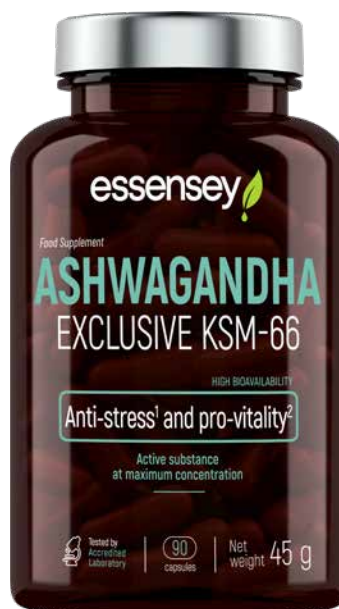
ASHWAGANDHA EXCLUSIVE KSM-66

Stress¹ and vitality²

DAILY PORTION CONTAINS:

- **200 mg** of KSM-66 Ashwagandha root extract, incl.
- **10 mg** withanolides

High bioavailability
Maximum active substance concentration



Certified for quality:



FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

ASHWAGANDHA USES & BENEFITS:

- ¹ Boosts stress resilience
- ² Helps maintain vitality, energy and stamina
- helps with restfulness to wake up energised
- improves mood health and physical wellbeing

PRODUCT RECOMMENDED:

- in people deficient in energy, stamina and endurance
- if affected or exposed to severe, prolonged stress



Pack size:
90 capsules (90 servings)

ACTIVE INGREDIENTS:	
Daily reference intake: 1 capsule	
Servings per package: 90	
	1 capsule contains*
KSM-66 Ashwagandha root extract, of which	200 mg
- Withanolides	10 mg

* Daily Value (DV)



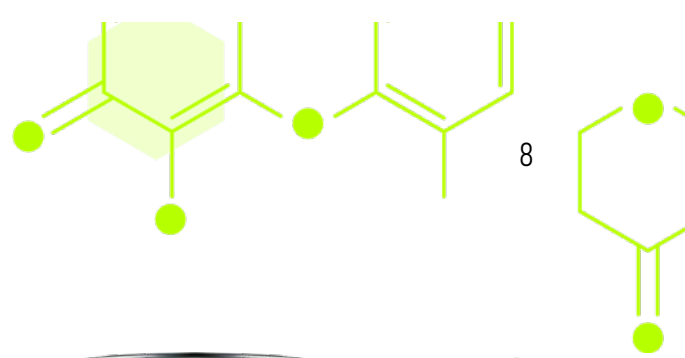
KOREAN GINSENG

Energy & vitality¹

DAILY PORTION CONTAINS:

- **500 mg** of Korean ginseng extract
- **50 mg** of active substance (ginsenosides)

Sun-dried naturally.



Certified for quality:



FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

KOREAN GINSENG USES AND BENEFITS:

- ¹ helps for maintaining optimal stamina and energy levels and vital powers
- supports while fatigued, stressed or recovering
- contributes to healthy immune system function
- helps maintain mental and physical capacities

PRODUCT FOR:

- people exposed or prone to effects of stress
- people doing mentally or physically demanding jobs

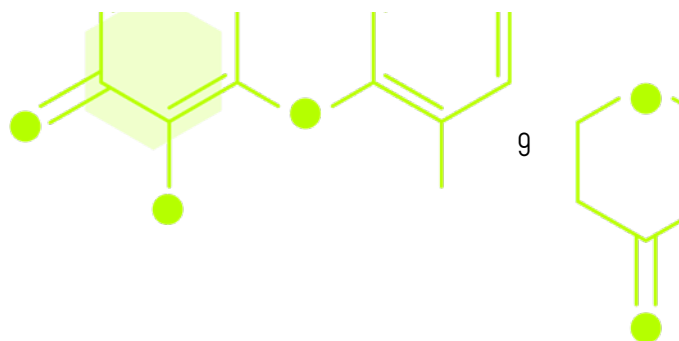


Pack size:
90 capsules (90 servings)

ACTIVE INGREDIENTS:	
Daily reference intake: 1 capsule	
Servings per package: 90	
	1 capsule contains*
Korean ginseng extract,	500 mg
incl. ginsenosides	50 mg

* Daily Value (DV)





BACOPA MONNIERI

Memory & cognition¹

DAILY PORTION CONTAINS:

- **250 mg** of bacopa monnieri extract, of which:
125 mg bacosides

Standardised extract with 50% bacosides.



Accredited
Lab Tested



Certified for quality:



FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

BACOPA MONNIERI USES AND BENEFITS:

- ¹ boosts brain function, memory and attention
- supports cognitive function
- improves learning capacity and ability to process and retain information
- helps keep blood pressure within healthy range to protect brain health
- helps in the normal functioning of the gallbladder

PRODUCT FOR:

- active learners and people doing mentally demanding jobs



Pack size:

90 capsules (90 servings)

ACTIVE INGREDIENTS:	
Daily reference intake: 1 capsule	
Servings per package: 90	
	1 capsule contains*
Small-leaved bacopa monnieri extract, incl. bacosides	250 mg 125 mg

* Daily Value (DV)



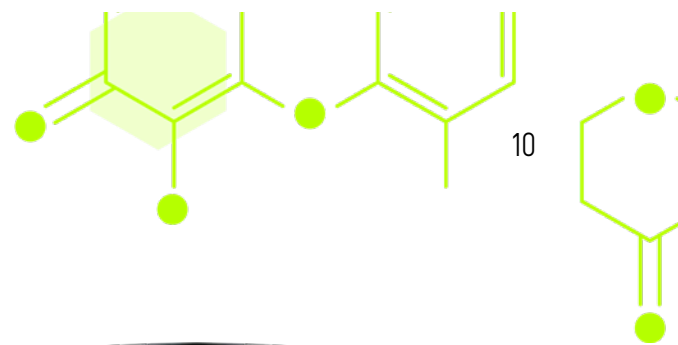
RHODIOLA ROSEA

Brain function¹

DAILY PORTION CONTAINS:

- **100 mg** of rhodiola rosea root, incl.:
 - 3 mg** of rosavins
 - 1 mg** of salidosides

Rosavin and salidoside standardised extract



Certified for quality:



FOOD SUPPLEMENT



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MOUNTAIN ROSARY ROOT USES AND BENEFITS:

- ¹ contributes to strengthen mental cognitive abilities
- supports circulatory system by providing oxygen and nutrients to enable correct blood pressure maintenance
- normalises digestive health

PRODUCT FOR:

- people doing mentally demanding jobs
- athletes and persons engaged in physical exercise

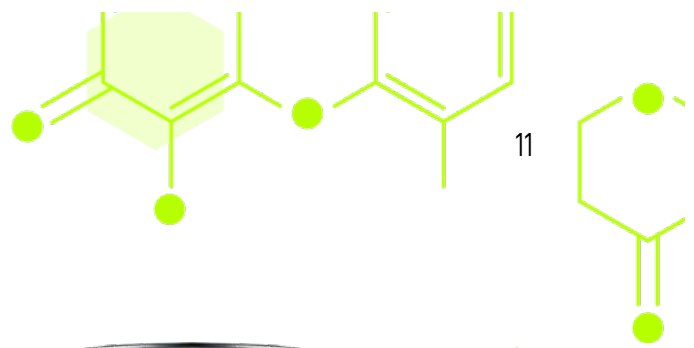


Pack size:
90 capsules (90 servings)

ACTIVE INGREDIENTS:	
Daily reference intake: 1 capsule	
Servings per package: 90	
	1 capsule contains*
Rhodiola rosea root extract, incl.:	100 mg
- rosavins	3 mg
- salidosides	1 mg

* Daily Value (DV)





MILK THISTLE

Liver health¹

DAILY PORTION CONTAINS:

- **500 mg** of milk thistle seed extract

High concentration



FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

MILK THISTLE USES AND BENEFITS:

- ¹ contributes to natural liver detox and regeneration
- helps protect liver from toxins
- supports bile production



Pack size:
90 capsules [90 servings]

ACTIVE INGREDIENTS:	
Daily reference intake: 1 capsule	
Servings per package: 90	
	1 capsule contains*
Milk thistle seed extract	500 mg

* Daily Value (DV)

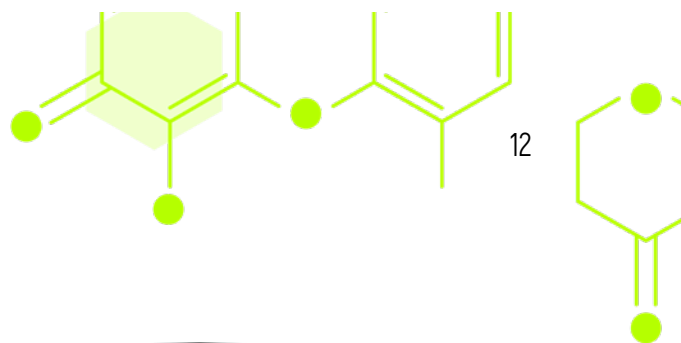


MACA

Fertility¹ & libido²

DAILY PORTION CONTAINS:

- **500 mg** of maca root extract



FOOD SUPPLEMENT



Certified for quality:



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

DZIAŁANIE KORZENIA MACA:

- ¹ increases fertility
- ² helps maintain natural libido
- helps maintain optimal energy and endurance levels

PRODUCT FOR:

- people who need and want to boost libido, sexual potency and fertility, naturally

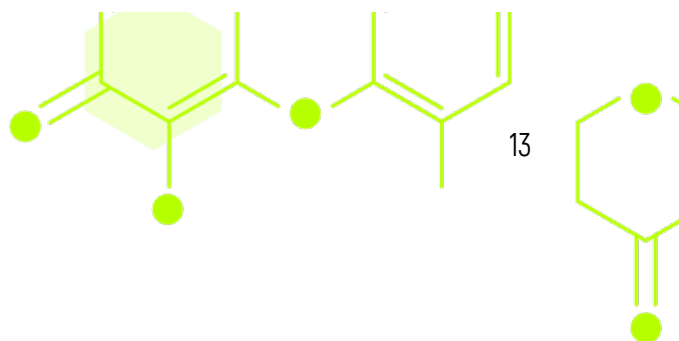


Pack size:
90 capsules (90 servings)

ACTIVE INGREDIENTS:	
Daily reference intake: 1 capsule	
Servings per package: 90	
	1 capsule contains*
Maca root extract	500 mg

* Daily Value (DV)





GOTU KOLA

Cognition¹

DAILY PORTION CONTAINS:

- **200 mg** of centella asiatica



Certified for quality:



FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

GOTU KOLA (CENTELLA ASIATICA) USES AND BENEFITS:

- ¹ supports cognitive health maintenance
- helps proper functioning of circulatory system
- supports digestive health
- promotes wound healing

PRODUCT FOR:

- healthy cognitive function
- circulatory system
- digestive health



Pack size:
90 capsules (90 servings)

ACTIVE INGREDIENTS:	
Daily reference intake: 1 capsule	
Servings per package: 90	
	1 capsule contains*
Centella asiatica extract	200 mg

* Daily Value (DV)



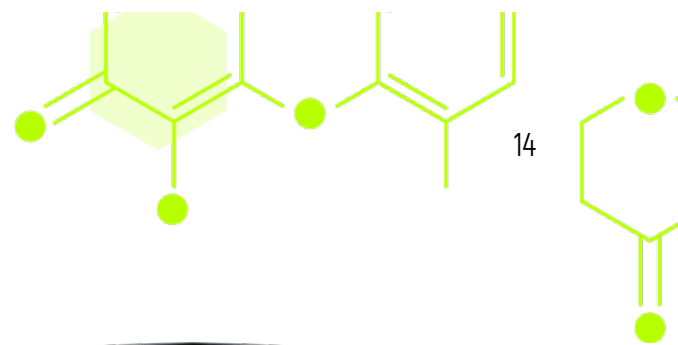
BOSWELLIA SERRATA

Bones & joints ¹

DAILY PORTION CONTAINS:

- **1000 mg** of Indian frankincense extract, incl.:
600 mg of boswellic acid

Standardised extract of boswellia serrata containing boswellic acid.



FOOD SUPPLEMENT



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INDIAN FRANKINCENSE USES AND BENEFITS:

- ¹ may prevent cartilage loss for bone and joint health
- helps with digestive system
- helps maintain healthy cholesterol levels
- supports heart health
- supports normal brain function
- benefits lung health

PRODUCT FOR:

- bones and joints
- GI health
- healthy cardiac function

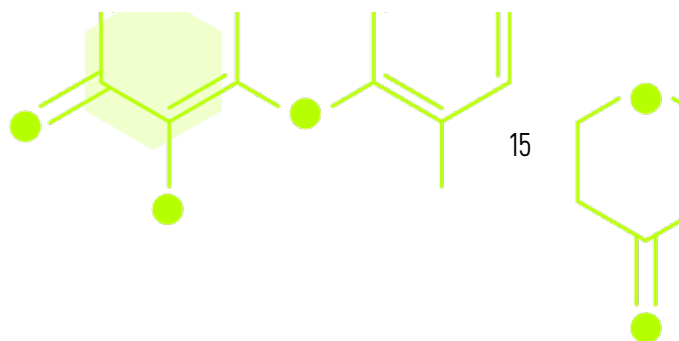


Pack size:
90 capsules (45 servings)

ACTIVE INGREDIENTS:	
Daily reference intake: 2 capsules	
Servings per package: 45	
	2 capsules contains*
Indian frankincense extract, incl.:	1000 mg
- boswellic acid	600 mg

* Daily Value (DV)





GUARANA + CAFFEINE

DAILY PORTION CONTAINS:

- **228 mg** of guarana seed extract, incl.:
50 mg of active substance (caffeine)
- **150 mg** of caffeine



Accredited
Lab Tested



SUITABLE FOR VEGETARIANS

Certified for quality:



EASY-TO-SWALLOW
CAPSULES

FOOD SUPPLEMENT



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SUPPLEMENT FORMULA WITH TWO ACTIVE INGREDIENTS:

- guarana seed extract
- caffeine



Pack size:
90 capsules (90 servings)

ACTIVE INGREDIENTS:	
Daily reference intake: 1 capsule	
Servings per package: 90	
	1 capsule contains*
Guarana seed extract	228 mg
incl. caffeine	50 mg
Caffeine	150 mg

* Daily Value (DV)

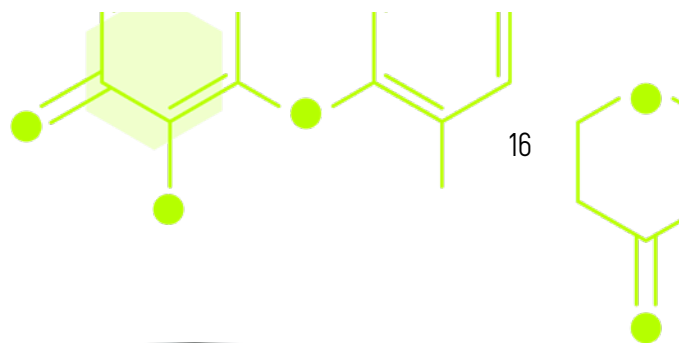


CAFFEINE

DAILY PORTION CONTAINS:

- **200 mg** of anhydrous caffeine
- **50 mg** of standardised grapefruit extract with naringenin

High value of caffeine content



FOOD SUPPLEMENT



Certified for quality:



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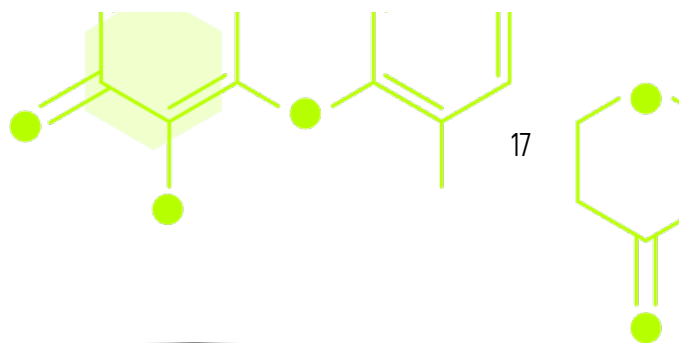


Pack size:
120 capsules (120 servings)

ACTIVE INGREDIENTS:	
Daily reference intake: 1 capsule	
Servings per package: 120	
	1 capsule contains*
Caffeine	200 mg
Grapefruit extract, incl. naringenin	50 mg 49 mg

* Daily Value (DV)





BERBERINE +TURMERIC

Digestion¹

DAILY PORTION CONTAINS:

- **300 mg** of berberine root extract
- **300 mg** of turmeric extract



Certified for quality:



FOOD SUPPLEMENT



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USES AND BENEFITS:

- ¹ turmeric extract benefits digestion
- berberine extract helps maintain proper plasma glucose level
- berberine extract supports liver health
- turmeric extract promotes heart health and improves blood circulation
- berberine extract promotes skin health
- turmeric extract is a known immunity booster

PRODUCT FOR:

- digestion
- healthy liver function
- maintaining healthy plasma glucose level



Pack size:
90 capsules (90 servings)

ACTIVE INGREDIENTS:	
Daily reference intake: 1 capsule	
Servings per package: 90	
	1 capsule contains*
Berberine root extract	300 mg
Turmeric extract	300 mg

* Daily Value (DV)

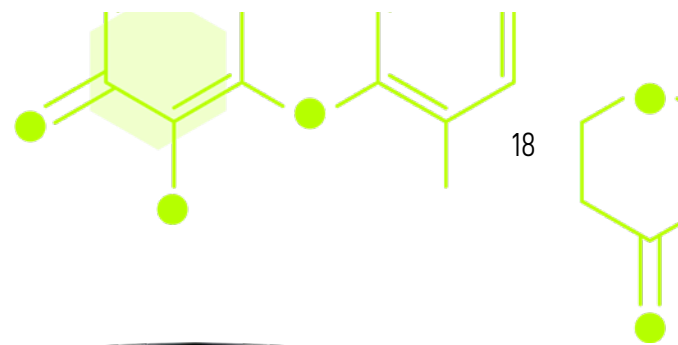


OMEGA 3

DAILY PORTION CONTAINS:

- **3000 mg** of fish oil, incl.:
500 mg EPA
360 mg DHA
- **11 mg** of Vitamin E

High bioavailability



FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

EFFECTS:

- ¹ eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) reduce heart disease risk
- effects reported for daily intake of 250 mg EPA and DHA
- ² docosahexaenoic acid helps maintain healthy brain function
- effects reported for daily intake of 250 mg DHA
- ³ docosahexaenoic acid (DHA) helps maintain healthy vision
- effects reported for daily intake of 250 mg DHA .
- Vitamin E helps protect cells against oxidative stress

PRODUCT FOR:

- all-year-round use

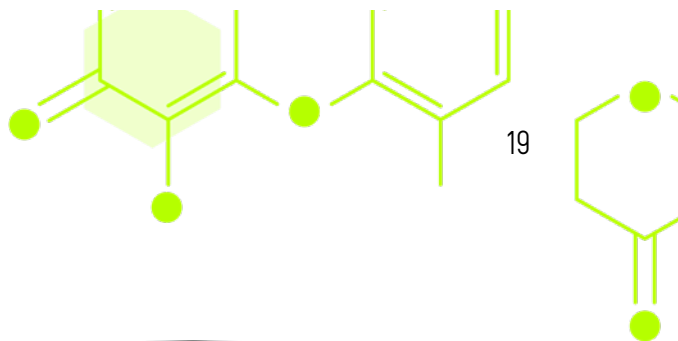


Pack size:
90 capsules (30 servings)

ACTIVE INGREDIENTS:		
Daily reference intake: 3 capsules		
Servings per package: 30		
	3 capsules contains*	%RWS**
Fish oil, incl.: EPA DHA	3000 mg 540 mg 360 mg	75%
Vitamin E	11 mg	92%

**%RDI – Reference Dietary Intake
* Daily Value (DV)





OMEGA 3-6-9

DAILY PORTION CONTAINS:

- **500 mg** of borage oil
- **165 mg** of flax seed oil
- **150 mg** of fish oil
- **45 mg** CLA
- **6,72 mg** of Vitamin E

Contains natural fatty acids



Accredited
Lab Tested

Certified for quality:



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

VITAMIN E USES AND BENEFITS:

- helps protect cells against oxidative stress damage



Pack size:
90 capsules (45 servings)

ACTIVE INGREDIENTS:		
Daily reference intake: 2 capsules		
Servings per package: 45		
	2 capsules contains*	%RWS**
Borage oil, incl.: - GLA	500 mg 100 mg	
Flax seed oil, incl.: -ALA	165 mg 82,5 mg	
Fish oil, incl. -EPA -DHA	150 mg 27 mg 18 mg	
CLA	45 mg	
Vit. E	6,72 mg	56%

**%RDI - Reference Dietary Intake

* Daily Value (DV)



OMEGA 3 + 2000 IU D3

Heart¹ Immunity²

DAILY PORTION CONTAINS:

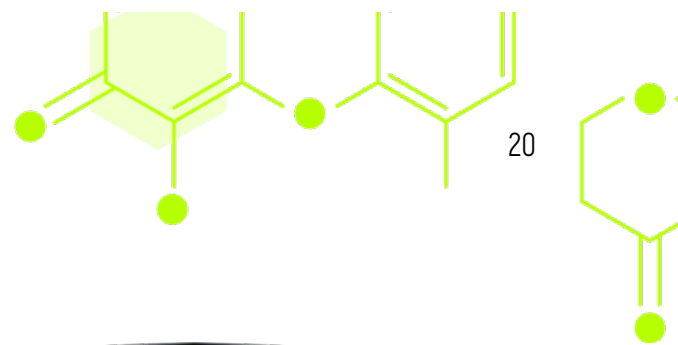
- **1000 mg** of fish oil, incl.:
180 mg EPA
120 mg DHA
- **2000 IU** of Vitamin D3

EFFECTS:

- ¹ Eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) support heart health at daily intake of 250 mg of EPA and DHA
- ² Vitamin D helps proper functioning of immune system
- Vitamin D helps bone health maintenance
- Vitamin D helps maintain healthy teeth

PRODUCT FOR:

- heart health
- immune system
- healthy bones and teeth



Certified for quality:



FOOD SUPPLEMENT



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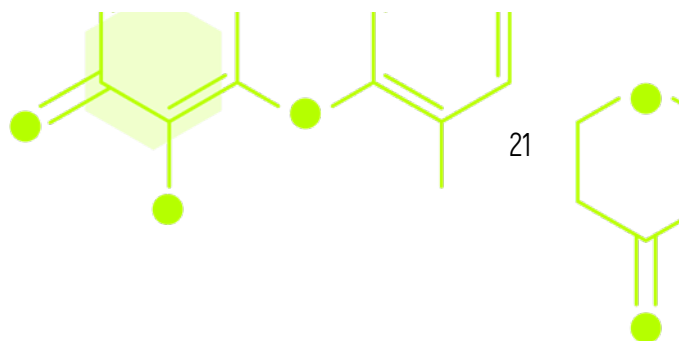
Pack size:
90 capsules (90 servings)

ACTIVE INGREDIENTS:		
Daily reference intake: 1 capsule		
Servings per package: 90		
	1 capsule contains*	%RWS**
Fish oil, incl.:	1000 mg	
-EPA	180 mg	
-DHA	120 mg	
Vitamin D	50 ug (2000 IU)	1000%

**%RDI – Reference Dietary Intake

* Daily Value (DV)



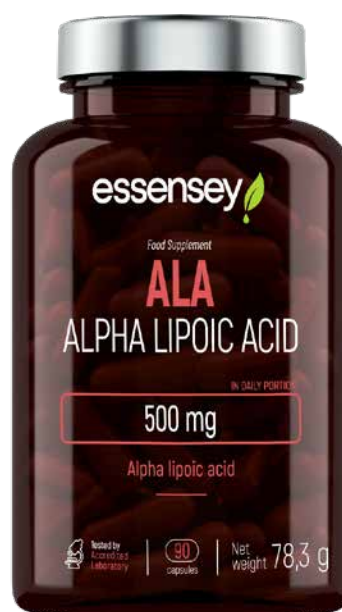


ALA

ALPHA LIPOIC ACID

DAILY PORTION CONTAINS:

- **500 mg** of alpha-lipoic acid



Certified for quality:



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

Alpha-lipoic acid is a sulfate-containing compound naturally found in the human body.

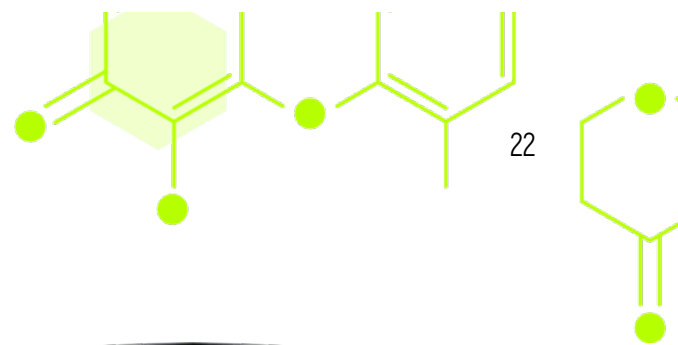


Pack size:
90 capsules (45 servings)

ACTIVE INGREDIENTS:	
Daily reference intake: 2 capsules	
Servings per package: 45	
	2 capsules contains*
Alpha-lipoic acid	500 mg

* Daily Value (DV)





CLA

CONJUGATED LINOLEIC ACID

DAILY PORTION CONTAINS:

- **958 mg** of conjugated linoleic acid



Certified for quality:



FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

CLA is a conjugated linoleic acid. Linoleic acid is a chemical compound belonging to omega-6 family of polyunsaturated fatty acids (PUFAs).

PRODUCT TO GO WITH:

- physical activity regime and lifestyle

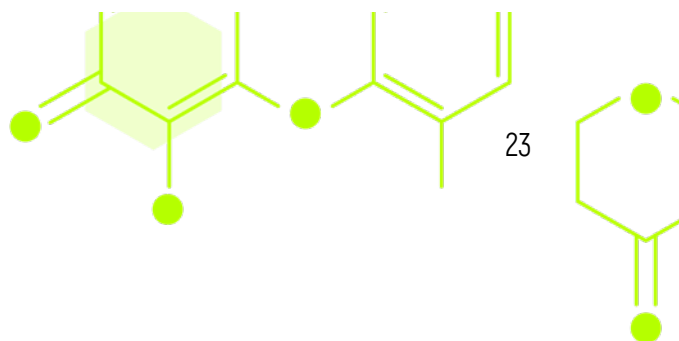


Pack size:
90 capsules (45 servings)

ACTIVE INGREDIENTS:	
Daily reference intake: 2 capsules	
Servings per package: 45	
	2 capsules contains*
Calcium salt of conjugated linoleic acid [CLA 80%], incl.:	1197 mg
CLA	958 mg

* Daily Value (DV)





COLLAGEN FORTE

DAILY PORTION CONTAINS:

- **2400 mg** of collagen

SOLUGEL® Hydrolised collagen type I as a raw material.



Accredited Lab Tested

Certified for quality:



FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

PRODUCT TO GO:

- with fitness lifestyle
- for pro athletes and sportsmen

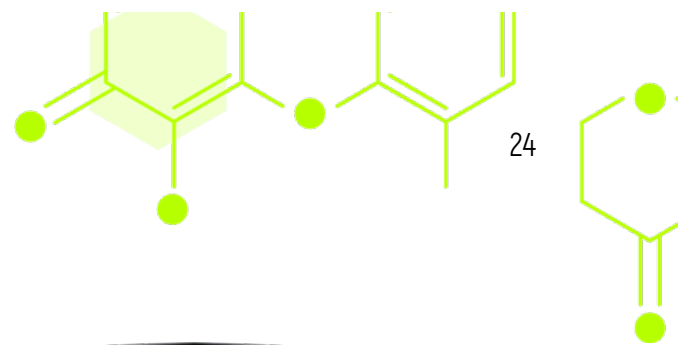


Pack size:
120 capsules (30 servings)

ACTIVE INGREDIENTS:		
Daily reference intake: 4 capsules		
Servings per package: 30		
	2 capsules contains	4 capsules contains*
SOLUGEL® hydrolised collagen type I	1200 mg	2400 mg

* Daily Value (DV)





COLLAGEN ANTI AGE

Skin beauty & health ¹

DAILY PORTION CONTAINS:

- **970 mg** of collagen (type I SOLUGEL®)
- **45 mg** of hyaluronic acid
- **60 mg** of Vitamin C

Hydrolysed collagen type I SOLUGEL® as a raw material.



FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

USES AND BENEFITS:

- ¹ Vitamin C stimulates collagen production to promote skin health
- Vitamin C promotes collagen synthesis for healthy blood vessels, bones, teeth, cartilage and gums
- Vitamin C with an antioxidant effect against oxidative stress

PRODUCT FOR:

- skin health
- joint health

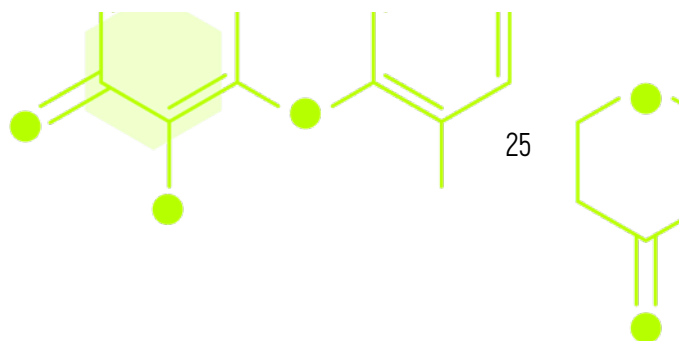


Pack size:
90 capsules (45 servings)

ACTIVE INGREDIENTS:		
Daily reference intake: 2 capsules		
Servings per package: 45		
	2 capsules contains*	%RWS**
Hydrolysed collagen type I SOLUGEL®	970 mg	
Vitamin C	60 mg	75 %
Hyaluronic acid	45 mg	

**%RDI – Reference Dietary Intake
* Daily Value (DV)





COLLAGEN+

Joints & bones¹

DAILY PORTION CONTAINS:

- **1000 mg** of collagen
- **61 mg** of Vitamin C

Hydrolised collagen type u I SOLUGEL® as a raw material.



Accredited
Lab Tested

Certified for quality:



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

VITAMIN C USES AND BENEFITS :

- ¹ stimulates collagen production for healthy bones, cartilage, skin, blood vessels, teeth and gums
- an antioxidant to protect against free radical damage

PRODUCT FOR:

- joint, bone and skin health
- people engaged in sports



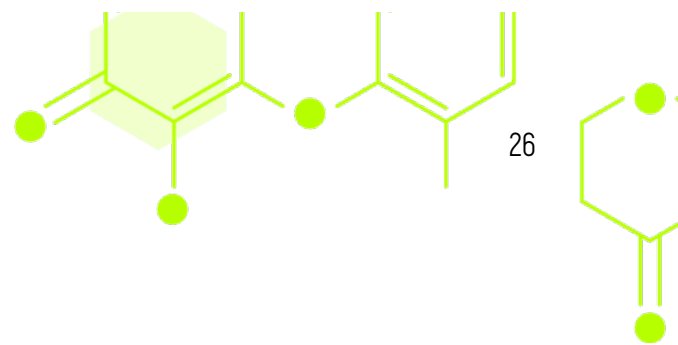
Pack size:
90 capsules (45 servings)

ACTIVE INGREDIENTS:		
Daily reference intake: 2 capsules		
Servings per package: 45		
	2 capsules contains*	%RWS**
Hydrolised collagen type I SOLUGEL®	1000 mg	
Vitamin C	61 mg	76 %

**%RDI - Reference Dietary Intake

* Daily Value (DV)





FLEXER

Joints¹

- **7500 mg** of collagen type I, II and III in daily portion
- Mango-orange flavoured fast dissolving powder supplement



FOOD SUPPLEMENT



SOLUGEL™
collagen peptides



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

BENEFITS & EFFECT:

- ¹Vitamin C helps in the synthesis of collagen for bones and cartilage health
- Calcium is essential for healthy bones
- Magnesium and Calcium contribute to healthy muscle function
- Vitamin C and Magnesium support nervous system health
- Magnesium helps alleviate fatigue and weariness

RECOMMENDED FOR:

- musculoskeletal health (cartilage, bones, muscles)
- nervous system health

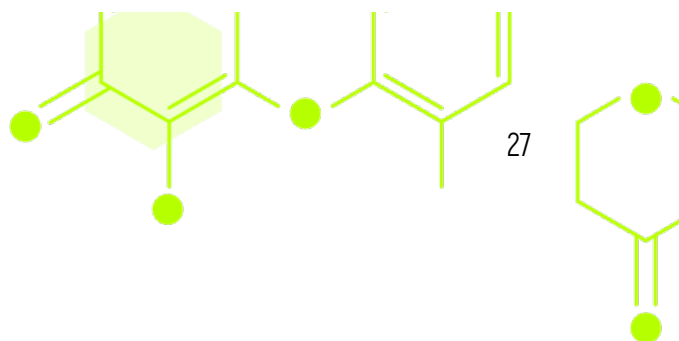
ACTIVE INGREDIENTS:		
Daily reference intake: 7.5 g (1 metered dose)		
Servings per package: 30		
	7.5 g contains	15 g* contains
Collagen type I and III SOLUGEL™	3500 mg	7000 mg
MSM	375 mg	750 mg
Collagen type II	250 mg	500 mg
L-Proline	250 mg	500 mg
2KCl Glucosaminsulphate of which	250 mg	500 mg
D-Glukosamine	148 mg	296 mg
Chondroitin sulphate	75 mg	150 mg
Calcium	60 mg (8%**)	120 mg (15%**)
Vitamin C	30 mg (38%**)	60 mg (75%**)
Magnesium	29 mg (8%**)	58 mg (15%**)
Fatty Acids Omega-3	27 mg	54 mg
of which EPA	8.1 mg	16.2 mg
of which DHA	5.4 mg	10.8 mg
Hyaluronic Acid	10 mg	20 mg



Pack size:
225 g powder (30 servings)

**%RDI – Reference Dietary Intake
* Daily Value (DV)





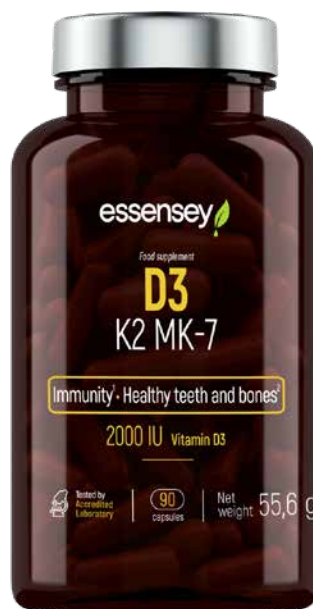
D3 K2 MK-7

Immunity¹ Healthy teeth
& bones²

DAILY PORTION CONTAINS:

- **2000 IU** of Vitamin D3
- **75 µg** of Vitamin K

100% RDI of Vitamin K2 as MK-7



FOOD SUPPLEMENT



Accredited
Lab Tested

Certified for quality:



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

USES AND BENEFITS:

- ¹ Vitamin D helps immune system work properly
- ² Vitamin D is essential for strong teeth bone
- Vitamin D stimulates calcium and phosphorus absorption/ synthesis
- Vitamin K helps in blood coagulation



Pack size:

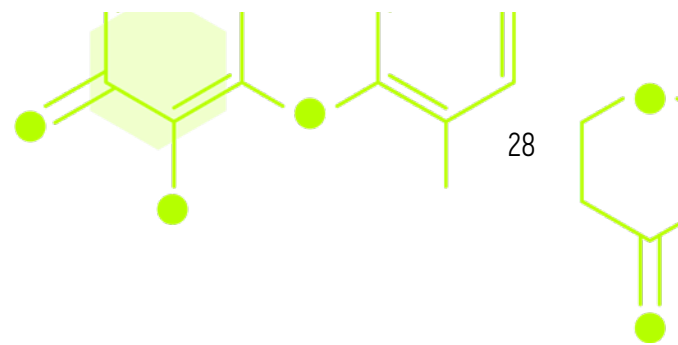
90 capsules (90 servings)

ACTIVE INGREDIENTS:		
Daily reference intake: 1 capsule		
Servings per package: 90		
	1 capsule contains*	%RWS**
Vitamin K	75 µg	100 %
Vitamin D	50 µg	1000 %

**%RDI - Reference Dietary Intake

* Daily Value (DV)





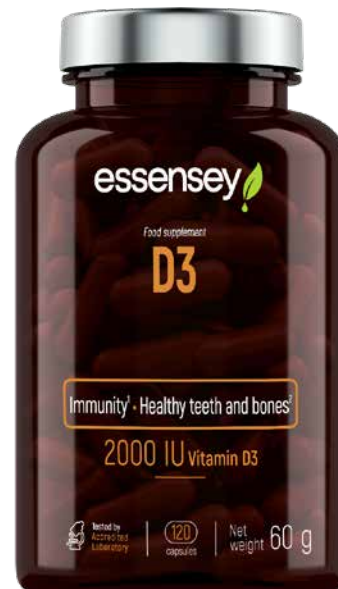
D3

Immunity¹ Healthy teeth & bones²

DAILY PORTION CONTAINS:

- **2000 IU** of Vitamin D3 as cholecalciferol

1000% RDI of Vitamin D3**




Accredited Lab Tested

Certified for quality:




EASY-TO-SWALLOW CAPSULES

FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

D3 USES AND BENEFITS:

- ¹ Vitamin D3 supports immune system health
- ² Vitamin D3 is essential for teeth bone health
- Vitamin D3 helps in calcium and phosphorus absorption/synthesis
- Vitamin D3 helps in proper muscle function



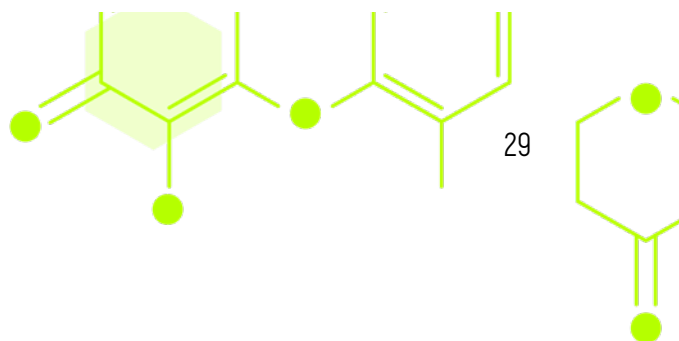
Pack size:
120 capsules (120 servings)

ACTIVE INGREDIENTS:		
Daily reference intake: 1 capsule		
Servings per package: 120		
	1 capsule contains*	%RWS**
Vitamin D	50 µg (2000 IU)	1000 %

**%RDI – Reference Dietary Intake

* Daily Value (DV)





VITAMIN B COMPLEX

Fatigue & Energy metabolism ¹

DAILY PORTION CONTAINS:

- 11 active ingredients
- contains biotin



Certified for quality:



FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

USES AND BENEFITS:

- ¹ Riboflavin, niacin, Vitamin B6 and Vitamin B12 help reduce tiredness and fatigue
- Thiamine, riboflavin, Vitamin B6, Vitamin B12 and biotin help regulate energy metabolism
- Biotin helps with hair and skin health maintenance
- Pantothenic acid supports brain function

PRODUCT FOR:

- reduction of tiredness and fatigue
- normal energy metabolism
- hair, skin



Pack size:
90 capsules [90 servings]

ACTIVE INGREDIENTS:		
Daily reference intake: 1 capsule		
Servings per package: 90		
	1 capsule contains*	%RWS**
Inositol	20 mg	
Aminobenzoate acid	20 mg	
Choline	8 mg	
Thiamine	20 mg	1818%
Riboflavin	20 mg	1429%
Niacin	20 mg	125%
Pantothenic acid	20 mg	333%
Vitamin B6	10 mg	714%
Folic acid	160 µg	80%
Vitamin B12	20 µg	800%
Biotin	20 µg	40%

**%RDI - Reference Dietary Intake

* Daily Value (DV)

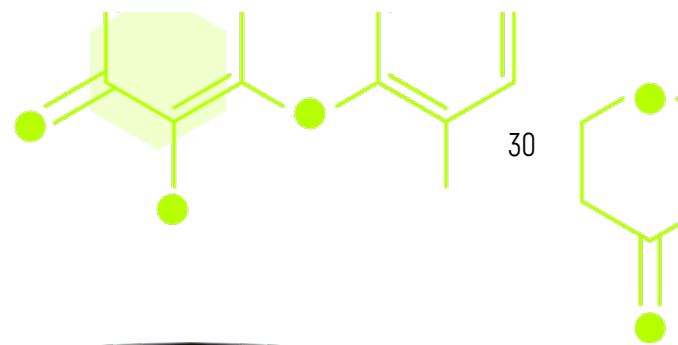


MULTIVIT FOR HER

+ BIOTIN

Skin¹ Hair²

- 18 active ingredients
- with collagen and coenzyme Q10




**Accredited
Lab Tested**

Certified for quality:




**EASY-TO-SWALLOW
CAPSULES**

FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

USES AND BENEFITS:

- ¹ Riboflavin, biotin and Vitamin A help with skin health
- ² Biotin helps to maintain healthy hair
- Riboflavin, Vitamin C and E help protect against oxidative stress damage of scavenging free radicals
- Vitamin D helps with calcium and phosphorus absorption/synthesis

PRODUCT FOR:

- normal energy metabolism
- skin and hair



Pack size:
90 capsules (45 servings)

ACTIVE INGREDIENTS:

Daily reference intake: 2 capsules

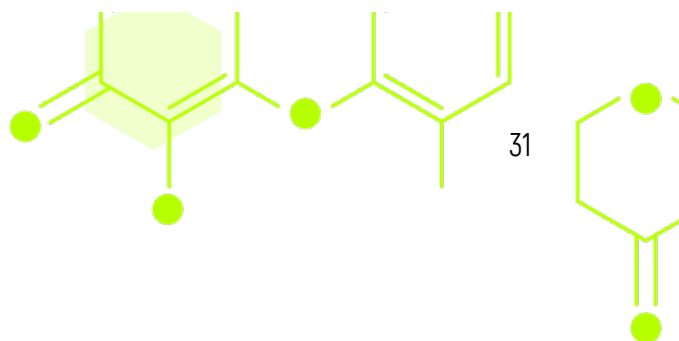
Servings per package: 45

	2 capsule contains*	%RWS**
Hydrolysed collagen type I SOLUGEL®	200 mg	
Green tea extract	100 mg	
CLA (coagulated linoleic acid)	100 mg	
L-carnitine	100 mg	
Hyaluronic acid	10 mg	
Coenzyme Q10	10 mg	
Vitamin C	80 mg	100%
Niacin	8 mg	50%
Vitamin E	6 mg	50%
Pantothenic acid	3 mg	50%
Vitamin B6	0,7 mg	50%
Riboflavin	0,7 mg	50%
Thiamine	0,55 mg	50%
Vitamin A	400 µg	50%
Folic acid	100 µg	50%
Biotin	25 µg	50%
Vitamin D	2,5 µg	50%
Vitamin B12	1,25 µg	50%

**%RDI – Reference Dietary Intake

* Daily Value (DV)





MULTIVIT FOR HIM

+ MACA ROOT

Libido¹ Vitality²

- 18 active ingredients
- with MAGNESIUM and ZINC



Accredited
Lab Tested

Certified for quality:



FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

USES AND BENEFITS:

- ¹ Maca helps improve libido and increase energy. Boosts sex drive
- ² Maca helps with optimal endurance and vitality maintenance
- Vitamin B6 and B12, zinc and Vitamin C support healthy immune system function
- Riboflavin, Vitamin B6 and Magnesium contribute to reduced tiredness and fatigue

PRODUCT FOR:

- libido and vitality
- immune system
- physical fitness



Pack size:
90 capsules (45 servings)

ACTIVE INGREDIENTS:

Daily reference intake: 2 capsules

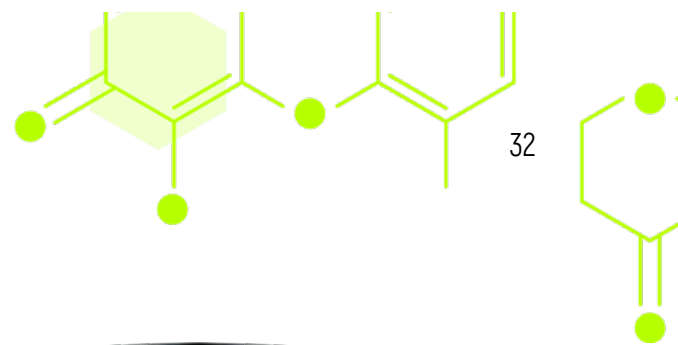
Servings per package: 45

	2 capsules contains*	%RWS**
L-Arginine	250 mg	
Taurine	100 mg	
D-asparagine acid (DAA)	100 mg	
Maca root extract	100 mg	
Magnesium	100 mg	27%
Vitamin C	80 mg	100%
Niacin	8 mg	50%
Vitamin E	6 mg	50%
Zinc	5 mg	50%
Pantothenic acid	3 mg	50%
Vitamin B6	0,7 mg	50%
Riboflavin	0,7 mg	50%
Thiamine	0,55 mg	50%
Vitamin A	400 µg	50%
Folic acid	100 µg	50%
Biotin	25 µg	50%
Vitamin D	2,5 µg	50%
Vitamin B12	1,25 µg	50%

**%RDI – Reference Dietary Intake

* Daily Value (DV)





MAGNESIUM + B6

Stamina Boost¹

DAILY PORTION CONTAINS:

- **375 mg** of magnesium
- **1,4 mg** of Vitamin B6

Quadruple magnesium complex: magnesium oxide, magnesium salts, magnesium citrate, magnesium lactate and magnesium carbonate

100% RDI of Mg and B6



FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

USES AND BENEFITS:

- ¹ magnesium contribute to reduction of fatigue and tiredness
- magnesium helps maintain neuromuscular system health
- Vitamin B6 contributes to healthy protein and glycogen metabolism/synthesis
- Vitamin B6 helps with regulating energy metabolism in high intensity workout or training

PRODUCT:

- for people exposed to or suffering from prolonged tiredness or fatigue
- to go with high intensity training or workout lifestyle



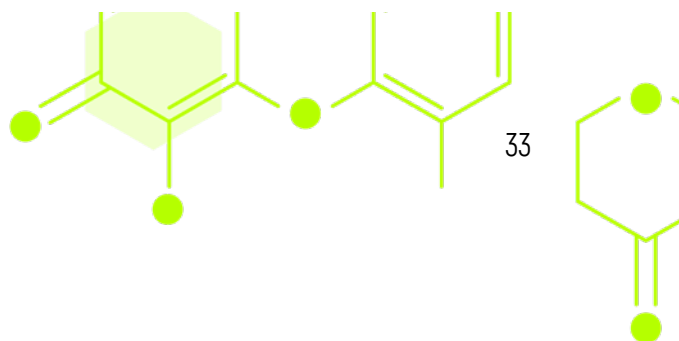
Pack size :
90 capsules (45 servings)

ACTIVE INGREDIENTS:		
Daily reference intake: 2 capsules		
Servings per package: 60		
	2 capsules contains*	%RWS**
Magnesium	375 mg	100 %
Vitamin B6	1,4 mg	100 %

**%RDI – Reference Dietary Intake

* Daily Value (DV)





MAGNESIUM +ZINC+B6

Immunity¹ Stamina²

DAILY PORTION CONTAINS:

- **375 mg** of magnesium
- **15 mg** of zinc
- **4 mg** of Vitamin B6



Accredited
Lab Tested



Certified for quality:



EASY-TO-SWALLOW
CAPSULES

FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

USES AND BENEFITS:

- ¹ zinc and Vitamin B6 help with immune health
- magnesium and Vitamin B6 contribute to reduction of fatigue and tiredness
- magnesium and Vitamin B6 contribute to normal energy metabolism
- magnesium and Vitamin B6 help with nervous system health
- zinc and magnesium help bone health maintenance



Pack size:

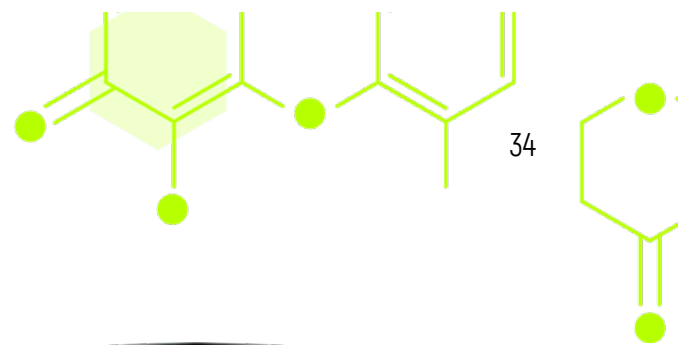
120 capsules (60 servings)

ACTIVE INGREDIENTS:		
Daily reference intake: 2 capsules		
Servings per package: 60		
	2 capsules contains*	%RWS**
Magnesium	375 mg	100 %
Zinc	15 mg	150 %
Vitamin B6	4 mg	286%

**%RDI - Reference Dietary Intake

* Daily Value (DV)





ZINC ORGANIC

Immunity¹ Skin²

DAILY PORTION CONTAINS:

- **15 mg** of zinc

High zinc content 150%
RDI of zinc**



FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

ZINC USES AND BENEFITS:

- ¹ supports immune system function
- ² contributes to skin, nail and hair health
- helps with protection of cells against oxidative stress
- contributes to healthy metabolism of macronutrients
- is essential for bone health
- helps regulate fertility and reproductive cycle function
- helps maintain healthy serum testosterone level



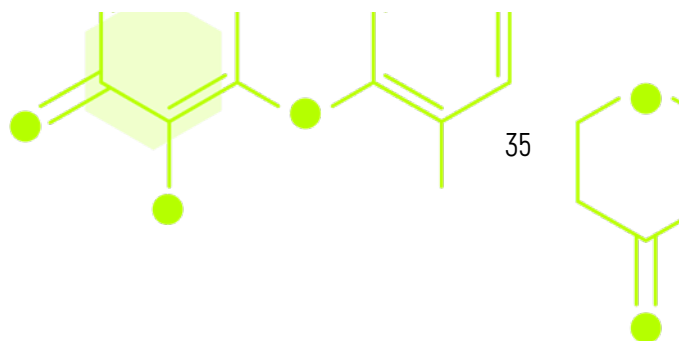
Pack size:
120 capsules (120 servings)

ACTIVE INGREDIENTS:		
Daily reference intake: 1 capsule		
Servings per package: 120		
	1 capsule contains*	%RWS**
Zinc	15 mg	150 %

**%RDI – Reference Dietary Intake

* Daily Value (DV)





POTASSIUM FORTE

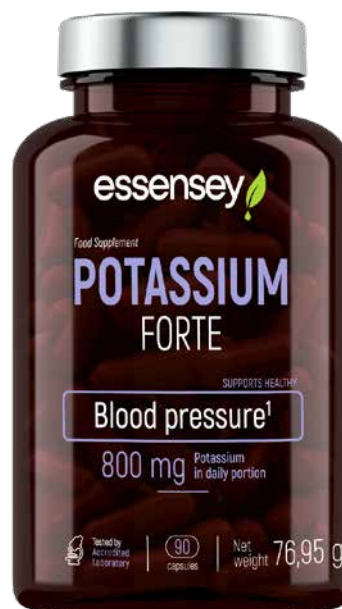
Blood pressure control¹

DAILY PORTION CONTAINS:

- **800 mg** of potassium

Plain formula

Free of sweeteners, flavours, dyes.



Accredited
Lab Tested



SUITABLE FOR VEGETARIANS

Certified for quality:



EASY-TO-SWALLOW
CAPSULES

FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

POTASSIUM USES AND BENEFITS:

- ¹ helps to control blood pressure
- improves muscle function
- helps with proper nervous system function

PRODUCT FOR:

- blood pressure health
- muscle function and nervous system support



Pack size:

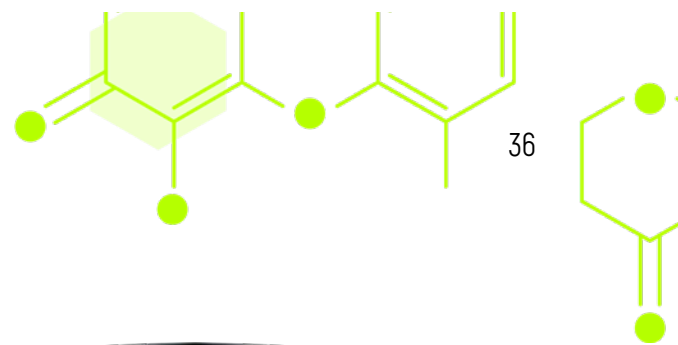
90 capsules (45 servings)

ACTIVE INGREDIENTS:		
Daily reference intake: 2 capsules		
Servings per package: 45		
	2 capsules contains*	%RWS**
Potassium	800 mg	40%

**%RDI - Reference Dietary Intake

* Daily Value (DV)





CHROMIUM

Metabolism boost¹

DAILY PORTION CONTAINS:

- **200 µg** of chromium (picolinate)

High bioavailability with chromium picolinate



FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

CHROMIUM USES AND BENEFITS:

- ¹helps boost macrountient metabolism
- helps with healthy blood glucose level

PRODUCT FOR:

- good metabolism
- slender figure
- normal blood glucose level maintenance

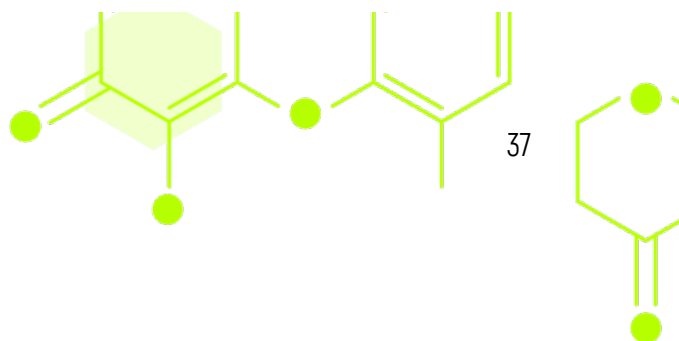


Pack size:
120 capsules (120 servings)

ACTIVE INGREDIENTS:		
Daily reference intake: 1 capsule		
Servings per package: 120		
	1 capsule contains*	%RWS**
Chromium (picolinate)	200 µg	500 %

**%RDI – Reference Dietary Intake
* Daily Value (DV)





NIACIN FORTE

Metabolism¹

DAILY PORTION CONTAINS:

- **500 mg** of niacin

Rapid absorption



Accredited
Lab Tested



Certified for quality:



FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

NIACIN USES AND BENEFITS:

- ¹ promotes healthy energy metabolism
- promotes skin health
- contributes to alleviating fatigue and tiredness
- contributes to maintaining positive mental health
- helps with nervous system overall health

PRODUCT FOR:

- good metabolism
- skin health
- alleviation of fatigue



Pack size:

120 capsules (120 servings)

ACTIVE INGREDIENTS:		
Daily reference intake: 1 capsule		
Servings per package: 120		
	1 capsule contains*	%RWS**
Niacin	500 mg	3125 %

**%RDI – Reference Dietary Intake

* Daily Value (DV)



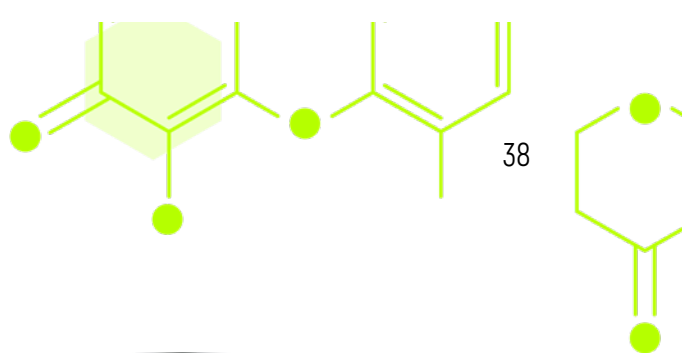
MSM

ORGANIC SULFUR

DAILY PORTION CONTAINS:

- **1000 mg** of methylsulfonylmethane

High content value



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

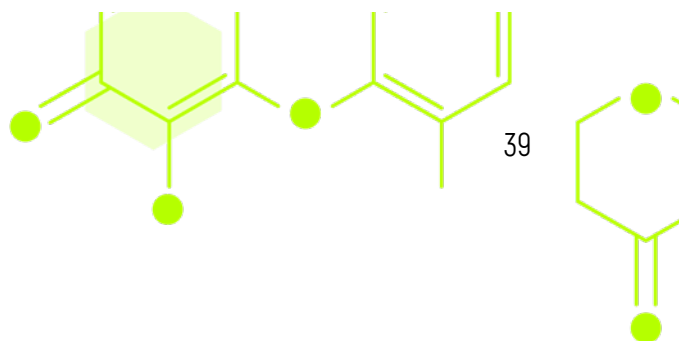


Pack size:
90 capsules (45 servings)

ACTIVE INGREDIENTS:	
Daily reference intake: 2 capsules	
Servings per package: 45	
	2 capsules contains*
Methylsulfonylmethane	1000 mg

* Daily Value (DV)





L-TRYPTOPHAN

Serotonin precursor¹

DAILY PORTION CONTAINS:

- **1000 mg** of L-tryptophan

High content value
Essential exogenous amino acid



Certified for quality:



FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

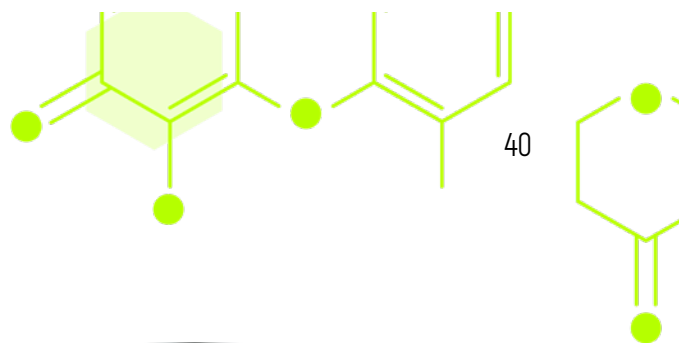


Pack size:
90 capsules (45 servings)

ACTIVE INGREDIENTS:	
Daily reference intake: 2 capsules	
Servings per package: 45	
	2 capsules contains*
L-tryptophan	1000 mg

* Daily Value (DV)





L-CARNITINE

DAILY PORTION CONTAINS:

- **1000 mg** of L-carnitine tartrate, incl.:
680 mg of active substance (L-carnitine)

Highly bioavailable L-Carnitine tartrate form



Certified for quality:



FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

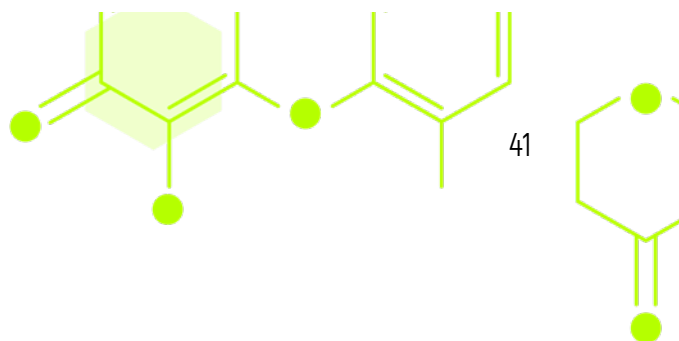


Pack size:
90 capsules (45 servings)

ACTIVE INGREDIENTS:	
Daily reference intake: 2 capsules	
Servings per package: 45	
	2 capsules contains*
L-carnitine tartrate	1000 mg
incl. L-carnitine	680 mg

* Daily Value (DV)





NAC

N-ACETYL-L-CYSTEINE

Glutathione precursor

DAILY PORTION CONTAINS:

- **150 mg** of N-acetylcysteine (NAC)

Rapid absorption



Accredited
Lab Tested



SUITABLE FOR VEGETARIANS

Certified for quality:



EASY-TO-SWALLOW
CAPSULES

FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

N-acetylcysteine is a precursor of glutathione and a derivative of the natural amino acid L-cysteine

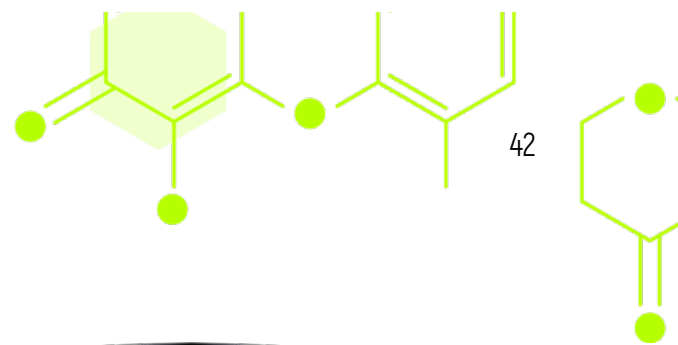


Pack size:
90 capsules (90 servings)

ACTIVE INGREDIENTS:	
Daily reference intake: 1 capsule	
Servings per package: 90	
	1 capsule contains*
N-acetyl-L-cysteine (NAC)	150 mg

* Daily Value (DV)





MELATONIN

Fall asleep booster¹

DAILY PORTION CONTAINS:

- **1 mg** of melatonin



FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

MELATONIN USES AND BENEFITS:

- ¹ helps with falling asleep faster with 1 mg of melatonin administered shortly before bedtime

PRODUCT FOR:

- facilitating getting asleep faster

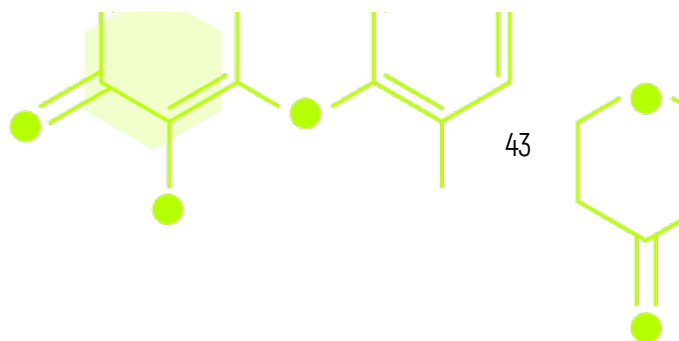


Pack size:
120 capsules (120 servings)

ACTIVE INGREDIENTS:	
Daily reference intake: 1 capsule	
Servings per package: 120	
	1 capsule contains*
Melatonin	1 mg

* Daily Value (DV)





NIGHT-ER

Sleep¹ and mood²

- 15 active ingredients
- mango-pineapple powdered drink



FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.



USES AND BENEFITS:

- ¹ lemon balm (Melissa Officinalis) promotes healthy sleep
- ² Ashwagandha boosts mental and physical wellbeing
- lemon balm contributes to shortening the falling-asleep time, effect with 1 mg of melatonin taken shortly before bedtime
- lemon balm helps regulate/facilitate falling asleep
- Ashwagandha enhance body resilience to
- magnesium, Vitamin B6 and Vitamin C reduce tiredness and fatigue
- lemon balm improves optimal relaxation
- lemon balm promotes healthy and peaceful restfulness



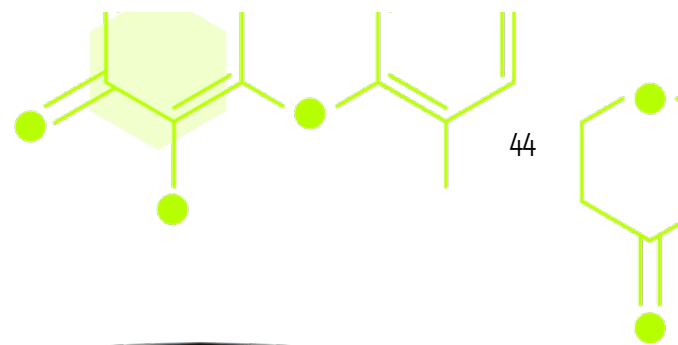
Pack size:
225g of powder (25 servings)

ACTIVE INGREDIENTS:		
Daily reference intake: 9g		
Servings per package: 25		
	9g*	%RWS**
L-arginine	996 mg	
L-glutamine	900 mg	
Gamma aminobutyric acid (GABA)	750 mg	
Ashwagandha root extract	600 mg	
- of which withanolides	9 mg	
L-lysine	480 mg	
L-ornithine	354 mg	
L-tryptophan	300 mg	
Valeriana Officinalis L.	180 mg	
Melissa Officinalis	180 mg	
Small-leaved bacopa extract	100 mg	
Melatonin	1,00 mg	
Vitamin C	500 mg	625%
Magnesium	192 mg	51%
Zinc	9,6 mg	96%
Vitamin B6	5,4 mg	386%

**%RDI - Reference Dietary Intake

* Daily Value (DV)





HYALURONIC ACID +

Cartilage Bone Skin Health¹

DAILY PORTION CONTAINS:

- **200 mg** of chondroitin sulfate
- **120 mg** of hyaluronic acid
- **100 mg** of proline
- **100 mg** of Vitamin C



Certified for quality:



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

VITAMIN C USES AND BENEFITS:

- ¹ stimulates collagen production for healthy bones, cartilage, blood vessels, teeth and gums
- helps with protection of cells against oxidative stress damage

PRODUCT FOR:

- healthy motor function
- enhanced exercise performance
- skin glow



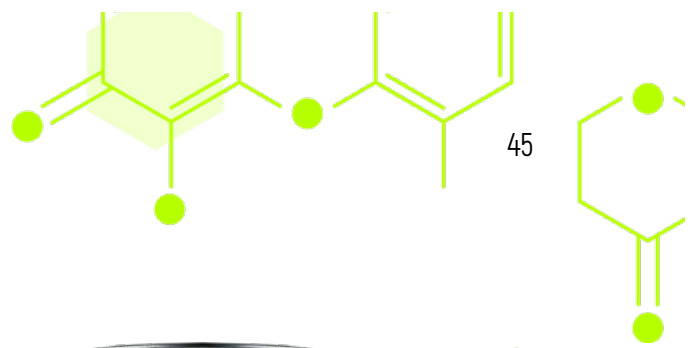
Pack size:
90 capsules (90 servings)

ACTIVE INGREDIENTS:		
Daily reference intake: 1 capsule		
Servings per package: 90		
	1 capsule contains*	%RWS**
Chondroitin sulfate	200 mg	
Hyaluronic acid	120 mg	
Proline	100 mg	
Vitamin C	100 mg	125%

**%RDI – Reference Dietary Intake

* Daily Value (DV)





GLUCOSAMINE + CHONDROITIN + MSM

DAILY PORTION CONTAINS 2600 MG OF ACTIVE INGREDIENTS:

- **1000 mg** of glucosamine sulfate 2 KCl, incl.:
590 mg of active substance (D-glucosamine)
- **1000 mg** of chondroitin sulphate
- **600 mg** of methylsulfonylmethane



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

TRI-ACTIVE INGREDIENT FORMULA:

- glucosamine sulfate
- chondroitin sulfate
- methylsulfonylmethane (MSM)



Pack size:
120 capsules (30 servings)

ACTIVE INGREDIENTS:	
Daily reference intake: 4 capsules	
Servings per package: 30	
	4 capsules contains*
Glucosamine sulfate 2 KCl	1000 mg
incl. D-glucosamine	590 mg
Chondroitin sulfate	1000 mg
Methylsulfonylmethane (MSM)	600 mg

**%RDI - Reference Dietary Intake

* Daily Value (DV)

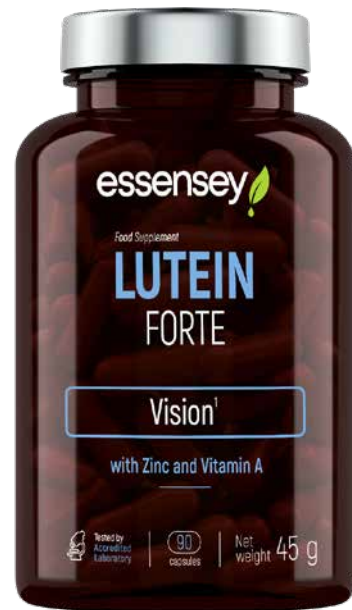
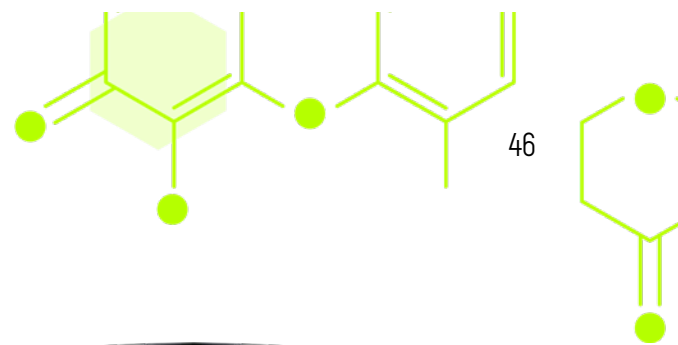


LUTEIN FORTE

Vision & Eye Health¹

DAILY PORTION CONTAINS:

- **100 mg** of marigold flower extract, incl.:
20 mg of lutein
- **1,5 mg** of zinc
- **120 µg** of Vitamin A



Certified for quality:



FOOD SUPPLEMENT



The prestigious '2023 Product Discovery of the Year' Award laureate in the category of food supplements and vitamins.

USES AND BENEFITS:

- ¹ Zinc and Vitamin A help improve eye vision
- Zinc and Vitamin A are skin health promoters
- Zinc helps maintain health of hair and nails
- Zinc and Vitamin A support immunity
- Zinc helps protect cells against oxidative stress damage

PRODUCT FOR:

- improved vision and eye health
- skin, nail and hair health
- immune system



Pack size:

90 capsules (90 servings)

ACTIVE INGREDIENTS:		
Daily reference intake: 1 capsule		
Servings per package: 90		
	1 capsule contains*	%RWS**
Marigold flower extract, incl luteina	100 mg	
Zinc	20 mg	15 %
Vitamin A	1,5 mg	15%
	120 µg	

**%RDI – Reference Dietary Intake

* Daily Value (DV)





essensey
Suplement diety
FLEXER
Na stawy
7500 mg kolagenu typu I, II i III
30 porcji | masa netto 225 g

essensey™ 

