



PROTEIN SUPPLEMENTS	_4
GAINERS	_8
AMINO ACIDS	10
CREATINES WAC	
WORKOUT SUPPLEMENTS	23
VITALITY AND FITNESS	_33
CARBOHYDRATES	54
DIETETIC FOOD	57



OTEIN SUPPLEMENTS

**PROTEIN SUPPLEMENTS** 

**PROTEIN SUPPLEMENTS** 

PROTEIN SUPPLEMEN

**FOOD SUPPLEMENT** 

# SHAKE WHEY

- 66% PROTEIN FROM WHEY PROTEIN CONCENTRATE\*
- HIGH PROTEIN CONTENT IN EACH SERVING
- THE ADDITION OF BUTTERMILK ENSURES THICK TEXTURE, EVEN IF USED WITH WATER



Serving size: 30 g (1 measure) Servings per container: 10 (300 g), 23 (700 g), 60 (0.8 kg)		
30 g	60 g	
487 kJ / 115 kcal 460 kJ / 109 kcal <sup>1</sup>	971 kJ / 230 kcal 923 kJ / 218 kcal <sup>1</sup>	
2.0 g / 2.0 g <sup>1</sup>	4.0 g / 4.0 g <sup>1</sup>	
1.3 g / 1.3 g <sup>1</sup>	2.6 g / 2.6 g <sup>1</sup>	
4.3 g / 4.7 g <sup>1</sup>	8.4 g / 9.6 g <sup>1</sup>	
3.8 g / 3.9 g <sup>1</sup>	7.8 g / 7.8 g¹	
20 g / 18 g¹	40 g / 36 g <sup>1</sup>	
0.19 g / 0.23 g <sup>1</sup>	0.38 g / 0.46 g <sup>1</sup>	
	30 g  487 kJ / 115 kcal 460 kJ / 109 kcal <sup>1</sup> 2.0 g / 2.0 g <sup>1</sup> 1.3 g / 1.3 g <sup>1</sup> 4.3 g / 4.7 g <sup>1</sup> 3.8 g / 3.9 g <sup>1</sup> 20 g / 18 g <sup>1</sup>	

<sup>\*</sup> Per serving. It does not apply to the chocolate flavour.

**AVAILABLE FLAVOURS:** 'CHOCOLATE, VANILLA, STRAWBERRY, CAFFE LATTE, CHOCOLATE WITH COCONUT, BANANA WITH PEANUT BUTTER, BLUEBERRY, KIWI WITH STRAWBERRY, COCONUT, VANILLA ICE CREAM, PISTACHIO ICE CREAM

**AVAILABLE SIZES:** 30 G, 300 G, 700 G, 1800 G

OTEIN SUPPLEMENTS

**PROTEIN SUPPLEMENTS** 

**PROTEIN SUPPLEMENTS** 

PROTEIN SUPPLEMEN

6

**FOOD SUPPLEMENT** 

## WHEY ISOLATE

- HIGH BIOLOGICAL VALUE (BV): 159
- 81 G OF PROTEIN IN 100 G OF PRODUCT
- EXCELLENT SOLUBILITY
- REFINED AMAZING FLAVOURS



Nutrition declaration  Serving size: 30 g (1 measure) Servings per container: 60 (1.8 kg), 23 (700 g)			
			Amount per
Energy value	457 kJ / 108 kcal	933 kJ / 220 kcal	1544 kJ / 363 kcal
Fat	0 g	0 g	0 g
of which saturated acids	0 g	0 g	0 g
Carbohydrate	2,9 g	5,9 g	9,8 g
of which sugar	0.8 g	1.6 g	2,6 g
Protein (in dry matter)	24 g	49 g	81 g
Salt	0.39 g	0.78 g	1,30 g

\* Per serving.

AVAILABLE FLAVOURS: SALTED CARAMEL, STRAWBERRY, VANILLA, CREAMY WAFER, WHITE CHOCOLATE

AVAILABLE SIZES: 700 G, 1800 G

OTEIN SUPPLEMENTS

**PROTEIN SUPPLEMENTS** 

**PROTEIN SUPPLEMENTS** 

PROTEIN SUPPLEMEN

**FOOD SUPPLEMENT** 

# 80 WHEY PROTEIN

- DELICATE AND DELICIOUS HIGH-PROTEIN COCKTAIL
- WIDE VARIETY OF FLAVOURS TO CHOOSE FROM
- 25 AMAZING FLAVOURS FROM CLASSIC TO MOST EXQUISITE ONES



Serving size: 30 g (1 measure) Servings per container: 1 (30 g), 30 (908 g)		
30 g	100 g	
479 kJ / 113 kcal	1596 kJ / 378 kcal	
1.3 g	4,4 g	
0,8 g	2.7 g	
2.6 g	8.7 g	
2.4 g	8 g	
21 g	71 g	
0.22 g	0.72 g	
	479 kJ / 113 kcal  1.3 g  0,8 g  2.6 g  2.4 g  21 g	

<sup>\*</sup> Per serving. It does not apply to the chocolate flavour.

**AVAILABLE FLAVOURS:** CHOCOLATE, COCONUT, SALTED CARAMEL, STRAWBERRY, VANILLA, WHITE CHOCOLATE WITH RASPBERRY, WHITE CHOCOLATE WITH STRAWBERRY, CHOCOLATE WITH CARAMEL, PISTACHIO, BANANA, COOKIES

AVAILABLE SIZES: 908 G / 30 G



**GAINERS** 

**GAINERS** 

GAINERS

**GAINERS** 

**GAINERS** 

GAINERS

**GAINERS** 

**GAINERS** 

**FOOD SUPPLEMENT** 

### MASS PAK

- CARBOHYDRATE-PROTEIN CONDITIONER GAINER
- CONTAINS THE ADDITION OF CREATINE, TAURINE AND L-GLYCINE
- PROTEIN CONTRIBUTES TO THE GROWTH OF MUSCLE MASS AND HELPS IN ITS MAINTENANCE
- AVAILABLE IN 3 DELICIOUS FLAVOURS AND 3 GRAMMATS TO CHOOSE (1 KG, 3 KG AND 5 KG)



Nutrition declaration	
Serving size: 100 g (3,5 scoops) Servings per container: 10 (1 kg), 30 (3 kg), 50 (5 kg)	
Amount per	100 g
Energy	1630 kJ / 384 kcal
Fat	1,5 g
of which saturates	0,7 g
Carbohydrate of which sugars	79 g 33 g
Protein	13 g
Salt	0,13 g
Active ingredients	
Maltodextrin	69 g
Glucose	14 g
Whey protein concentrate	8 g
Creatine monohydrate	2,28 g
of which creatine	2 g
Taurine	2 g
L-glycine	2 g

<sup>\* %</sup> NRV - Nutrient Reference Values

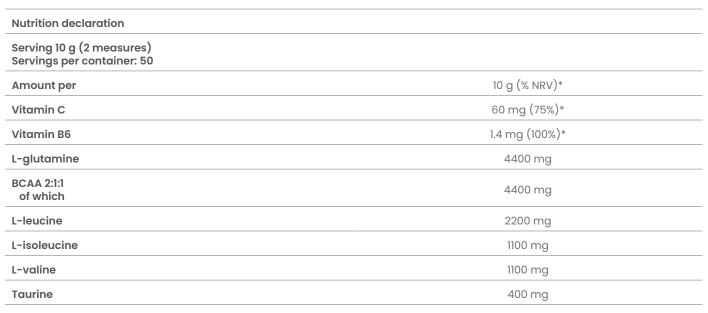
AVAILABLE FLAVOURS: SALTED CARAMEL, VANILLA, RASPBERRY

AVAILABLE SIZES: 1 KG, 3 KG, 5 KG



### ANTI CATABOLIC PAK

- COMPREHENSIVE AND VERY EFFECTIVE MIXTURE FOR USE AFTER TRAINING
- EACH SERVING CONTAINS BRANCHED-CHAIN AMINO ACIDS (BCAA) IN THE MUTUAL RATIO OF 2: 1: 1
- IN THE FORM OF INSTANT AND L-GLUTAMINE
- IT CONTAINS THE ADDITION OF VITAMINS (B6, C)
   AND TAURINE
- IT DISSOLVES VERY WELL AND TASTES INTERESTING
- ASPARTAM FREE FORMULA



<sup>\* %</sup> NRV - Nutrient Reference Values

AVAILABLE FLAVOURS: MOJITO, ORANGE, LEMON

AVAILABLE SIZES: 500 G

# BCAA

- HIGH CONCENTRATION OF BRANCHED-CHAIN AMINO ACIDS IN OPTIMAL PROPORTION OF 2:1:1
- IT CONTAINS 80% OF BCAA IN EACH SERVING
- THE FORMULA CONTAINS THE ADDITION OF VITAMINS FROM THE B GROUP AND VITAMIN C
- IT ENHANCES BODY IMMUNITY AND PROTECTS CELLS AGAINST STRESS
- VITAMINS (VITAMIN C, VITAMIN B6, VITAMIN B12)
   CONTRIBUTE TO REDUCING THE FEELING OF FATIGUE
   AND TIREDNESS



12

Nutrition declaration		
Serving size: 10 g (2 measures) Servings per container: 40		
Amount per	10 g	% NRV*
Vitamin C	30 mg	38%
Vitamin B6	2 mg	143%
Vitamin B12	6 µg	240%
BCAA 2:1:1 Instant	8000 mg	-
of which:		
L-leucine	4000 mg	-
L-isoleucine	2000 mg	_
L-valine	2000 mg	_

<sup>\* %</sup> NRV - Nutrient Reference Values

AVAILABLE SIZES: 400 G

ACIDS AMINO ACIDS

**AMINO ACIDS** 

**AMINO ACIDS** 

**AMINO ACIDS** 

**AMINO ACIDS** 

AMINO

**FOOD SUPPLEMENT** 

## BETA ALANINE



- ASPARTAM FREE
- PRODUCT FORTIFIED WITH VITAMIN B6
- PRODUCT RECOMMENDED FOR PEOPLE
- WITH INCREASED PHYSICAL ACTIVITY
- VITAMIN B6 CONTRIBUTES TO MAINTAINING THE CORRECT METABOLISM OF PROTEIN AND GLYCOGEN.
- VITAMIN B6 CONTRIBUTES TO THE CORRECT ENERGY METABOLISM DURING HIGH-INTENSITY TRAINING.



Nutrition declaration			
Serving size: 805 mg (1 measure) Servings per container: 248			
Amount per:	0.805 g (% NRV)*	1.61 g (% NRV)*	2.415 g (% NRV)*
Beta-alanine	800 mg	1600 mg	2400 mg
Vitamin B6	1.4 mg (100%)*	2.8 mg (200%)*	4.2 mg (300%)*

<sup>\* %</sup> NRV - Nutrient Reference Values

**AVAILABLE FLAVOURS: NATURAL** 

AVAILABLE SIZES: 200 G

- HIGH QUALITY OF RAW MATERIAL
- IT DISSOLVES PERFECTLY
- **REFINED FLAVOUR**
- **66 SERVINGS PER CONTAINER**



**AMINO ACIDS** 

**AMINO ACIDS** 

Nutrition declaration	
Serving size: 3 g (½ measure) Servings per container: 66	
Amount per:	3 g
Citruline malate	2256 mg
of which citrulline	1263mg

AVAILABLE FLAVOURS: LEMON, GRAPEFRUIT

**AVAILABLE SIZES: 200 G** 14



- PERFECT BEFORE, DURING AND AFTER TRAINING
- 8 NECESSARY AMINO ACIDS
- AMINOGRAM CORRESPONDING TO THE PROFILE OF PROTEIN
- 3 EXCELLENT FLAVOURS
- IT DISSOLVES PERFECTLY
- SUPPORT FOR EACH SPORTS DISCIPLINE, REGARDLESS OF THE LEVEL OF ADVANCEMENT



Nutrition declaration	
Serving size: 10 g (2 measures) Servings per container: 40	
Amount per	10 g
L-Leucine	1298 mg
L-Valine	865 mg
L-Isoleucine	665 mg
L-Lysine	574 mg
L-Phenylalanine	479 mg
L-Threonine	287 mg
L-Methionine	287 mg
L-Tryptophan	77 mg
Citrulline malate	899 mg
of which L-citrulline	500 mg
Taurine	500 mg
Vitamin B6	0,65 mg

AVAILABLE FLAVOURS: ORANGE AND LEMON, MANGO AND PASSIONFRUIT, LYCHEE AND GRAPEFRUIT

AVAILABLE SIZES: 400 G

**AMINO ACIDS** 

**FOOD SUPPLEMENT** 

**AMINO ACIDS** 

ACIDS

## GLUTA-MINE

**AMINO ACIDS** 

- 4945 MG OF L-GLUTAMINE PER SERVING
- IT CAN BE TAKEN BY PEOPLE PRACTISING ANY SPORTS DISCIPLINE
- PRODUCT RECOMMENDED ALSO IN PERIODS OF REDUCED BODY IMMUNITY (VITAMIN B6)
- ADDITIONALLY ENRICHED WITH TAURINE AND VITAMIN B6
- VITAMIN B6 CONTRIBUTES TO MAINTAINING THE CORRECT ENERGY METABOLISM AND TO REDUCING THE FEELING OF TIREDNESS AND FATIGUE



**AMINO ACIDS** 

AMINO

**AMINO ACIDS** 

Nutrition declaration		
Serving size: 5 g (% measure) Servings per container: 48		
Amount per:	5 g	% NRV*
L-glutamine	4.945 mg	-
Taurine	50 mg	-
Vitamin B6	5 mg	(357%)*

<sup>\* %</sup> NRV - Nutrient Reference Values

AVAILABLE SIZES: 240G



**CREATINES** 

**CREATINES** 

FOOD SUPPLEMENT

**CREATINES** 

ES

## CREATINE

- MOST POPULAR FORM OF CREATINE
- 4000 MG CREATINE MONOHYDRATE PER DAILY SERVING

CREATINES

- IT CAN BE TAKEN REGARDLESS OF THE TRAINING PURPOSE (MUSCLE MASS BUILDING, ENDURANCE, MUSCLE MASS REDUCTION, RECOMPOSITION)
- CREATINE INCREASES PHYSICAL PERFORMANCE IN THE CASE OF SUCCESSIVE SHORT AND VERY INTENSE PHYSICAL EXERCISES\*
- SUPPLEMENT CLASSIFIED BY THE AUSTRALIAN INSTITUTE OF SPORT TO THE SO-CALLED GROUP A, I.E. SUPPLEMENTS AND SUBSTANCES PARTICULARLY RECOMMENDED FOR ATHLETES AS DURING EXERCISE THEY SHOW SUPPORTING EFFECT



**CREATINES** 

CR

**CREATINES** 

Nutrition declaration		
Serving size: 4 caps Servings per container: 40		
Amount per:	1 caps	4 caps
Creatine monohydrate	1000 mg	4000 mg
of which creatine	880 mg	3520 mg

 $<sup>^{</sup>st}$  The beneficial effect is achieved in the case of taking 3 g of creatine daily.

- MOST POPULAR FORM OF CREATINE
- PRODUCT ENRICHED WITH A SOLID DOSE OF TAURINE



CR

Nutrition declaration	
Bag Available flavours: Natural (bag)	
Serving size: 5 g (1 measure) Servings per container: 60/100	
Amount per	5 g
Creatine monohydrate	4700 mg
of which creatine	4131 mg
Taurine	300 mg
* per serving	
Tin Available flavours: orange, lemon, grapefruit (tin)	
Serving size: 6 g (1 measure) Servings per container: 50/83	
Amount per	6 g
Creatine monohydrate	4700 mg
of which creatine	4131 mg
Taurine	300 mg

<sup>\*</sup> per serving

AVAILABLE SIZES: 300 G, 500 G 19



### CRM3 PAK

- CREATINE MALATE IN POWDER
- CREATINE INCREASES PHYSICAL PERFORMANCE IN THE CASE
  OF SUCCESSIVE SHORT AND VERY INTENSE PHYSICAL
  EXERCISES. ITS BENEFICIAL EFFECT IS ACHIEVED
  IN THE CASE OF TAKING 3 G OF CREATINE DAILY
- PRODUCT IN TWO EXCELLENT VERSIONS



20

Nutrition declaration		
Serving size: 5 g (1 measure) Servings per container: 50 (250 g), 100 (500 g)		
Amount per	5 g (% NRV)*	
Tri-creatine malate	4400 mg	
of which creatine	3300 mg	
Taurine	380 mg	
Vitamin B6	1.4 mg (100%)*	

<sup>\* %</sup> NRV - Nutrient Reference Values

AVAILABLE SIZES: 250 G, 500 G

**CREATINES** 

**CREATINES** 

FOOD SUPPLEMENT

**CREATINES** 

ES

## TOM

 CREATINE, SUBSTANCE WITH WELL DOCUMENTED EFFECTS SUPPORTED BY NUMEROUS LABORATORY TESTS

**CREATINES** 

- CREATINE INCREASES PHYSICAL PERFORMANCE IN THE CASE OF SUCCESSIVE SHORT AND VERY INTENSE PHYSICAL EXERCISES\*
- 3000 MG OF CREATINE MALATE PER DAILY SERVING
- CAPS CONVENIENT FOR APPLICATION
- PERFECT CHOICE FOR PEOPLE PRACTISING STRENGTH AND ENDURANCE SPORTS



**CREATINES** 

**CREATINES** 

CR

Nutrition declaration		
Serving size: 3 caps Servings per container: 40		
Amount per:	1 caps	3 caps
Tri-creatine malate	1000 mg	3000 mg
of which creatine	750 mg	2250 mg

<sup>\*</sup> The beneficial effect is achieved in the case of taking 3 g of creatine daily.

CREATINES

**CREATINES** 

FOOD SUPPLEMENT

**CREATINES** 

ES

### CREA-TINE HCL

**CREATINES** 

- CREATINE CHLORIDE ADDITIONALLY ENRICHED WITH TAURINE
- RECOMMENDED BEFORE INTENSIVE WORKOUT
- PER SERVING CONTAINS 3715 MG OF CREATINE
- PACKAGE CONTAINS UP TO 43 PORTIONS



**CREATINES** 

**CREATINES** 

CR

Nutrition declaration	
Serving size: 5,5 g (1 scoop) Servings per container: 43	
Amount per:	5,5 g
Creatine hydrochloride	4703 mg
of which creatine	3715 mg
Taurine	300 mg

<sup>\*</sup> The beneficial effect is achieved in the case of taking 3 g of creatine daily.

**AVAILABLE FLAVOURS: LEMONADE** 

AVAILABLE SIZES: 240G



**WORKOUT SUPPLEMENTS** 

**WORKOUT SUPPLEMENTS** 

**WORKOUT SUPPLEM** 

### **FOOD SUPPLEMENT**

## AAKG

- 4540 G OF AAKG PER ONE SERVING
- ADDITION OF TAURINE AND VITAMIN B6
- VITAMIN B6 CONTRIBUTES TO THE CORRECT METABOLISM OF PROTEIN AND GLYCOGEN
- PRODUCT RECOMMENDED FOR PEOPLE PRACTISING STRENGTH SPORTS
- ESPECIALLY RECOMMENDED IN THE PERIOD OF MUSCLE MASS BUILDING



Nutrition declaration				
Serving size: 5 g (¾ measur Servings per container: 48	re)			
Amount per:	5 g	(% NRV)*	10 g	(% NRV)*
L-arginine alpha- ketoglutarate	4540 mg	-	9080 mg	-
of which L-arginine	2951 mg	-	5902 mg	-
Taurine	50 mg	-	100 mg	-
Vitamin B6	1 mg	(71%)*	2 mg	(143%)*

<sup>\* %</sup> NRV – Nutrient Reference Values

AVAILABLE SIZES: 240G

**WORKOUT SUPPLEMENTS** 

**WORKOUT SUPPLEMENTS** 

**WORKOUT SUPPLEM** 

### **FOOD SUPPLEMENT**



- PRODUCT FOR PEOPLE TRAINING INTENSELY AT THE GYM
- ONE OF THE MOST POPULAR SUPPLEMENTS IN STRENGTH SPORTS
- PRE-WORKOUT SUPPLEMENT
- IT STIMULATES THE BODY TO PRODUCE NITRIC OXIDE (NO),
   WHICH HAS AN EFFECT OF THE SO-CALLED MUSCLE PUMP



Nutrition declaration	
Serving size: 3 caps Servings per container: 40	
Amount per:	3 caps
L-arginine alpha-ketoglutarate	3000 mg

WORKOUT SUPPLEMENTS

WORKOUT SUPPLEMENTS

WORKOUT SUPPLEM

**FOOD SUPPLEMENT** 

# BESTIA

- UNIQUE SHOT TO BE USED BEFORE WORKOUT
- CONVENIENCE AND VERSATILITY
- 1 SHOT = 1 SERVING



80 ml
2000 mg
2000 mg
1000 mg
300 mg
200 mg
150 mg
1.4 mg

<sup>\* %</sup> NRV – Nutrient Reference Values

**AVAILABLE FLAVOURS: TROPICAL** 

AVAILABLE SIZES: 80 ML 26

WORKOUT SUPPLEMENTS

**WORKOUT SUPPLEMENTS** 

**WORKOUT SUPPLEM** 

**FOOD SUPPLEMENT** 

### BESTIA

- A VERSATILE FORMULA SUPPORTING STRENGTH AND ENDURANCE TRAINING
- PERFECT FOR THE PERIOD OF FAT REDUCTION, THANKS TO THE BITTER ORANGE CONTAINED IN THE SUPPLEMENT



Nutrition declaration		
Serving size: Servings per container:		
Amount per:	10 g	% NRV*
L-arginine alpha-ketoglutarate	2051 mg	-
including arginine	1333 mg	-
Citrulline malate	2000 mg	-
ncluding citrulline	1120 mg	-
Taurine Taurine	1333 mg	-
L-Tyrosine	1000 mg	-
Beta-alanine	533 mg	-
Caffeine	200 mg	-
Bitter orange fruit extract	200 mg	-
ncluding synephrine	20 mg	-
Ashwagandha Root Extract	67 mg	-
ncluding withanolides	1 mg	-
Rhodiola rosea root extract	67 mg	-
ncluding rosavins	2 mg	-
Black pepper fruit extract	13 mg	-
ncluding piperine	12.7 mg	-
Vitamin B6	5.44 mg	389%

<sup>\* %</sup> NRV - Nutrient Reference Values

AVAILABLE FLAVOURS: TROPICAL

AVAILABLE SIZES: 240 G



WORKOUT SUPPLEMENTS

WORKOUT SUPPLEMENTS

**WORKOUT SUPPLEN** 

**FOOD SUPPLEMENT** 

# BOOM!

- INTENSE WORKOUT PUMP
- CAFFEINE FREE
- IT DOES NOT CONTAIN CREATINE OR STIMULANTS
- PERFECT IN THE CASE OF EVENING WORKOUT
- BASED ON CITRULINE MALATE, AAKG AND L-ARGININE



Nutrition declaration		
Serving size: 40 ml (8 teaspoons) Servings per container: 2		
Amount per:	40 ml	80 ml
Citruline malate	1 g	2 g
L-arginine ketoglutarate	1.5 g	3 g
L-arginine	0.5 g	1 g

AVAILABLE SIZES: 80 ML

AVAILABLE FLAVOURS: CHERRY AND RASPBERRY



**WORKOUT SUPPLEMENTS** 

**WORKOUT SUPPLEMENTS** 

**WORKOUT SUPPLEN** 

**FOOD SUPPLEMENT** 

# CRAZE

- GREAT ENERGY SHOT DUE TO HIGH CAFFEINE CONTENT
- PERFECT FOR PEOPLE WHO WANT TO ENHANCE WORKOUT PERFORMANCE
- IT HAS A GREAT IMPACT ON ENDURANCE
- ENRICHED WITH TAURINE, CAFFEINE AND CHOLINE BITARTRATE



Nutrition declaration		
Serving size: 20 ml (4 teaspoons) Servings per container: 4		
Amount per:	20 ml	60 ml
Beta-alanine	800 mg	2,4 g
Taurine	250 mg	750 mg
Caffeine	120 mg	360 mg
Choline bitartrate	50 mg	150 mg

AVAILABLE SIZES: 80 ML

WORKOUT SUPPLEMENTS

**WORKOUT SUPPLEMENTS** 

**WORKOUT SUPPLEN** 

**FOOD SUPPLEMENT** 

# HEAT

- BASED ON THE TOP-QUALITY EXTRACTS FROM PLANTS
- IT CONTAINS THE ADDITION OF PURE CAFFEINE IT WILL BE DEFINITELY USEFUL ON A BAD DAY
- IT WILL BE PERFECT IN THE PERIOD OF BODY SHAPING
- AND BODY FAT REDUCTION



Nutrition declaration	
Serving size: 3 caps Servings per container: 30	
Amount per	3 caps
Green tea extract	200 mg
of which EGCG	110 mg
Ginger root extract	200 mg
of which gingerols	10 mg
Caffeine (total content)	200 mg
Dandelion root extract	200 mg
Bitter orange extract	200 mg
of which synephrine	20 mg
Cayenne pepper extract	100 mg
of which capsaicin	2 mg

WORKOUT SUPPLEMENTS

WORKOUT SUPPLEMENTS

WORKOUT SUPPLEM

**FOOD SUPPLEMENT** 

# HEAT

- INCREASED ENDURANCE DURING TRAINING
- HIGH ASSIMILABILITY
- REFRESHING FLAVOURS
- 50 MG OF CAFFEINE PER SERVING



Nutrition declaration		
Serving size: 20 ml (4 teaspoons) Servings per container: 4		
Amount per:	20 ml	80 ml
Beta-Alanine	750 mg	3 g
Cinnamon bark extract	50 mg	200 mg
Green tea extract	62.5 mg	250 mg
of which polyphenols	32.25 mg	129 mg
Ginger extract	50 mg	200 mg
of which gingerol	2.57 mg	10.26 mg
Field horsetail extract	50 mg	200 mg
Caffeine	50 mg	200 mg
of which anhydrous caffeine	46.13 mg	184.5 mg
of which caffeine from green tea extract	3.88 mg	15.5 mg

AVAILABLE FLAVOURS: LIME AND GRAPEFRUIT

AVAILABLE SIZES: 80 ML 31

**WORKOUT SUPPLEMENTS** 

**WORKOUT SUPPLEMENTS** 

**WORKOUT SUPPLEM** 

**FOOD SUPPLEMENT** 

## BESTIA BURNER

- FAT BURNER WITH A RICH COMPOSITION
- CHROME HELPS IN KEEPING A PROPER BLOOD GLUCOSE LEVEL
- GREEN TEA SUPPORTS METABOLISM AND OXIDATION OF FATS
- CAPSAICIN MAY HAVE AN EFFECT ON STIMULATING THE OXIDATION OF FATS AND CARBOHYDRATES
- PARAGUAN SHAVA (YERBA MATE) HELPS IN KEEPING A PROPER BODY WEIGHT



Nutrition declaration	
Serving size: 2 caps Servings per container: 50	
Amount per:	2 caps (% NRV)*
L-carnitine tartrate	300 mg
of which carnitine	204 mg
Green tea extract	109 mg
of which EGCG	60 mg
Caffeine (total content)	105 mg
Cayenne pepper extract	100 mg
of which capsaicin	2 mg
Rhodiola rosea root extract	100 mg
of which rosavins	3 mg
of which saildrosides	lmg
Holly extract	100 mg
Ashwagandha Root Extract	56 mg
of which withanolides	0,84 mg
Bitter orange extract	50 mg
of which synephrine	5 mg
Korean ginseng extract	50 mg
of which ginsenosides	5 mg
Vitamin C	80 mg (100%)*
Nacin	16 mg (100%)*
Vitamin E	12 mg (100%)*
Pantothenic acid	6 mg (100%)*
Vitamin B6	1,4 mg (100%)*
Riboflavin	1,4 mg (100%)*
Thiamine	1,1 mg (100%)*
Folic acid	200 µg (100%)*
Biotin	50 µg (100%)*
Chrome	40 µg (100%)*
Vitamin BI2	2,5 µg (100%)*
* "X-NRV - Nutrient Reference Values	22



**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**FOOD SUPPLEMENT** 

## ASHWA-GANDHA

- FOR PHYSICALLY AND MENTALLY ACTIVE PEOPLE
- ONE OF THE BEST NATURAL ADAPTOGENS
- TAKE IN THE EVENING, AFTER AN INTENSIVE DAY
- OFTEN TAKEN IN PERIODS OF WEAKNESS, EXHAUSTION OR FATIGUE
- THE EXTRACT FROM WITHANIA SOMNIFERA (ASHWAGANDHA) HAS ANTIOXIDANT PROPERTIES.



Nutrition declaration		
Serving size: 1 caps Number of servings: 90		
Amount per	1 capsule	
Ashwagandha root extract	666 mg	
of which withanolides	10 mg	

**VITALITY AND FITNESS** 

VITALITY AND FITNESS

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**FOOD SUPPLEMENT** 

## BERBERINE +TURMERIC

- IT IS A NATURAL ANTI-INFLAMMATORY AGENT (CURCUMIN)
- IT FACILITATES DIGESTION (BARBERRY, TURMERIC)
- IT SUPPORTS THE LIVER FUNCTION (BARBERRY, TURMERIC)
- IT SUPPORTS RESISTANCE (TURMERIC)
- IT HELPS TO MAINTAIN HEALTHY SKIN (BARBERRY, TURMERIC)
- IT HELPS TO MAINTAIN THE CORRECT LEVEL OF CHOLESTEROL (BARBERRY)



Nutrition declaration		
Serving size: 1 caps Number of servings: 90		
Amount per	1 caps	
Barberry extract	300 mg	
Turmeric extract	300 mg	

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**FOOD SUPPLEMENT** 

## CAFFEINE

- ONE CAPS CONTAINS AS MANY AS 200 MG OF CAFFEINE, EQUIVALENT OF 5 CUPS OF COFFEE!
- CAFFEINE MAY BE TAKEN DURING FATIGUE AND WEAKENED CONCENTRATION
- DOCUMENTED APPLICATION IN SPORT
- EXCELLENT PROPOSAL FOR PEOPLE WORKING MENTALLY AND PHYSICALLY



Nutrition declaration		
Serving size: 1 caps Number of servings: 90		
Amount per	1 caps	
Caffeine anhydrous	200 mg	
Grapefruit extract (98 % naringenin)	50 mg	
of which naringenin	49 mg	

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**FOOD SUPPLEMENT** 

## CHRO-MIUM

- TAKE IN PERIODS OF BODY MASS REDUCTION
- CHROMIUM CONTRIBUTES TO MAINTAINING THE CORRECT METABOLISM OF MACRONUTRIENTS
- 90 DAILY SERVINGS PER CONTAINER
- CHROMIUM HELPS TO MAINTAIN THE CORRECT LEVEL
   OF GLUCOSE IN BLOOD



Nutrition declaration	
Serving size: 1 caps Number of servings: 90	
Amount per	1 caps (% NRV)*
Chromium	200 μg (500%)

\* % NRV - Nutrient Reference Values

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

### **FOOD SUPPLEMENT**

### CLA + GREEN TEA

- CONTAINS CONJUGATED LINOLEIC ACID CLA AND GREEN TEA EXTRACT (CAMELLIA SINENSIS)
- RECOMMENDED FOR EVERYONE, WHETHER THEY ARE PHYSICALLY ACTIVE OR HAVE A SEDENTARY LIFESTYLE



Nutrition declaration	
Serving size: 3 caps Number of servings: 30	
Amount per	3 caps
CLA (conjugated linoleic acid)	900 mg
Green tea extract	273 mg
of which EGCG	150 mg
of which caffeine	2.73 mg

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

### **FOOD SUPPLEMENT**



- TAKE EVERY DAY, IN PARTICULAR IN AUTUMN, WINTER AND SPRING.
- OPTIMAL CONTENT OF 2000 IU IN ONE CAPSULE
- VITAMIN D HELPS THE IMMUNE SYSTEM TO FUNCTION CORRECTLY
- IT CAN BE TAKEN PREVENTIVELY IN ORDER TO REPLENISH VITAMIN D DEFICIENCY IN THE BODY



Nutrition declaration	
Serving size: 1 caps Number of servings: 90	
Amount per	1 caps (% NRV)*
Vitamin D	50 µg (1000%)

\* % NRV - Nutrient Reference Values

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

### **FOOD SUPPLEMENT**

## **D3+K2**

- IT SUPPORTS THE ABSORPTION AND USE OF CALCIUM AND PHOSPHORUS (VITAMIN D)
- IT SUPPORTS THE CORRECT FUNCTIONING OF MUSCLES (VITA-MIN D)
- IT STRENGTHENS BONES\*
- IT SUPPORTS THE CORRECT BLOOD COAGULATION (VITAMIN K)
- IT SUPPORTS THE IMMUNE SYSTEM (VITAMIN D)



Nutrition declaration		
Serving size: 1/2 caps Number of servings: 180		
Amount per	1 caps	
Vitamin D	50 µg	
Vitamin K	75 µg	

<sup>\* %</sup> NRV - Nutrient Reference Values

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

### **FOOD SUPPLEMENT**

### GABA +MELATONIN

- SUPPLEMENTATION FOR 3 MONTHS
- GOOD ASSIMILABILITY
- MELATONIN HELPS TO REDUCE TIME NECESSARY TO FALL ASLEEP\*



Nutrition declaration	
Serving size: 1 caps Number of servings: 90	
Amount per	1 caps
Gamma-aminobutyric acid	750 mg
Melatonin	1 mg

VITALITY AND FITNESS

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**FOOD SUPPLEMENT** 

## L-CAR-NITINE

- SUPPLEMENTATION FOR 3 MONTHS
- GOOD ASSIMILABILITY
- 1000 MG OF L-CARNITINE-TARTRATE IN ONE CAPSULE



Nutrition declaration	
Serving size: 1 caps Number of servings: 90	
Amount per	1 caps
L-carnitine-tartrate	1000 mg
of which L-carnitine	680 mg

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**FOOD SUPPLEMENT** 

### MAGNE-SIUM +VITAMIN B6

- VITAMIN B6 CONTRIBUTES TO THE CORRECT METABOLISM OF PROTEIN AND GLYCOGEN
- TAKE ALWAYS AFTER INTENSE PHYSICAL EFFORT
- PRODUCT APPROPRIATE FOR PEOPLE PRACTISING STRENGTH AND ENDURANCE SPORTS
- MAGNESIUM AND VITAMIN B6 CONTRIBUTE TO REDUCING THE FEELING OF FATIGUE AND TIREDNESS
- MAGNESIUM HELPS MUSCLES TO FUNCTION CORRECTLY



Nutrition declaration	
Serving size: 2 caps Number of servings: 45	
Amount per	2 caps (% NRV)*
Magnesium	375 mg (100%)
Vitamin B6	1.4 mg (100%)

\* % NRV - Nutrient Reference Values

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**FOOD SUPPLEMENT** 

## MELA-TONIN

- TAKE 30 MINUTES BEFORE BEDTIME
- IT HELPS TO ALLEVIATE A SUBJECTIVE PERCEPTION OF JET-LAG
- IT HELPS TO REDUCE TIME NECESSARY TO FALL ASLEEP\*
- DIETARY SUPPLEMENT PARTICULARLY RECOMMENDED FOR PEOPLE WHO TRAIN OR ARE MENTALLY ACTIVE LATE IN THE EVENING



Nutrition declaration	
Serving size: 1 caps Number of servings: 90	
Amount per	1 caps
Melatonin	1 mg

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

### **FOOD SUPPLEMENT**

### OMEGA3

- OMEGA 3 IS A FORMULATION SUPPLEMENTING DIET WITH EPA AND DHA POLYUNSATURATED FATTY ACIDS BELONGING TO THE OMEGA-3 GROUP.
- EPA AND DHA PRESENT IN FISH OIL CONTRIBUTE TO THE CORRECT FUNCTIONING OF THE HEART\*
- SUPPLEMENTATION FOR 45 DAYS



Nutrition declaration		
Serving size: 1 caps Number of servings: 90		
Amount per	2 caps	% NRV*
Fish oil, of which	2000 mg	-
EPA	360 mg	-
DHA	240 mg	-
Vitamin E	7.35 mg	6%

<sup>\* %</sup> NRV - Nutrient Reference Values

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**FOOD SUPPLEMENT** 

## RHODIOLA ROSEA

- IT SUPPORTS THE NERVOUS SYSTEM
- IT SUPPORTS THE CIRCULATORY SYSTEM
- IT INCREASES ENDURANCE DURING INTENSE PHYSICAL EF-FORT
- IT NORMALISES THE DIGESTIVE SYSTEM ACTIVITY
- IT ELIMINATES STRESS SYMPTOMS AND SUPPORTS MENTAL FUNCTIONS
- IT IMPROVES WELL-BEING

Nutrition declaration	
Serving size: 1/4 caps Number of servings: 360	
Amount per	¼ caps
Rhodiola rosea root extract	125 mg
of which salidrosides (1%)	1.25 mg

VITALITY AND FITNESS

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**FOOD SUPPLEMENT** 

## TRIBULUS TERRESTRIS

- IT SOOTHES THE NERVOUS SYSTEM
- IT HELPS TO MAINTAIN THE BLOOD'S ABILITY TO CLOT
- IT SUPPORTS THE CORRECT FUNCTIONING OF THE HEART
- IT HELPS MUSCLES TO FUNCTION CORRECTLY



Nutrition declaration	
Serving size: 1 caps Number of servings: 90	
Amount per	1 caps
Tribulus terrestris fruit extract	1000 mg
of which saponins	900 mg

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**FOOD SUPPLEMENT** 

# COMPLEX

- IT HELPS THE HEART TO WORK CORRECTLY (THIAMIN)
- IT HELPS TO MAINTAIN HEALTHY SKIN (RIBOFLAVIN, NIACIN, BIOTIN)
- IT HELPS THE NERVOUS SYSTEM TO FUNCTION CORRECTLY (THIAMIN, RIBOFLAVIN, VITAMIN B6, NIACIN, BIOTIN, VITAMIN B12, VITAMIN C)



Nutrition declaration	
Serving size: 1 caps Number of servings: 90	
Amount per	1 caps
Pantothenic Acid	20 mg
Niacin (mg NE)	20 mg
Inositol	20 mg
p-Amino-Benzoic Acid (PABA)	20 mg
Thiamine (Vitamin B1)	20mg
Riboflavin (Vitamin B2)	19 mg
Vitamin B6	10 mg
Choline	8 mg
Folic acid	160 µg
Biotin	20 µg
Vitamin B12	20 µg

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**FOOD SUPPLEMENT** 

### VITAMIN C

- IT HELPS THE IMMUNE SYSTEM TO FUNCTION CORRECTLY
- IT CONTRIBUTES TO MAINTAINING THE CORRECT ENERGY METABOLISM
- IT HELPS TO MAINTAIN CORRECT PSYCHOLOGICAL FUNCTIONS
- IT HELPS TO PROTECT CELLS AGAINST OXIDATIVE STRESS
- IT CONTRIBUTES TO REDUCING THE FEELING OF TIREDNESS AND FATIGUE



Nutrition declaration	
Serving size: 1 caps Number of servings: 90	
Amount per	1 caps (% NRV)*
Vitamin C	1000 mg (1250%)*

\* % NRV - Nutrient Reference Values

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

### **FOOD SUPPLEMENT**

### ELITE DAY & NIGHT

- IT HELPS THE IMMUNE SYSTEM TO FUNCTION CORRECTLY (ZINC, FOLATE, COPPER, SELENIUM, VITAMIN A, VITAMIN B12, VITAMIN B6, VITAMIN C, VITAMIN D, IRON)
- IT CONTRIBUTES TO REDUCING THE FEELING OF TIREDNESS
   AND FATIGUE (VITAMINS FROM THE B GROUP: B2, B3, B5, B6, B9, B12) IT CONTRIBUTES TO MAINTAINING THE CORRECT METABOLISM OF MACRONUTRIENTS (BIOTIN, CHROMIUM, ZINC)



Nutrition declaration			
Serving size: 2 caps (1 DAY capsule Number of servings: 45	, 1 NIGHT capsule)		
DAY CAPSULE Amount per	1 caps	NIGHT CAPSULE Amount per	1 caps
Citrus bioflavonoids extract from Bitter orange (fruit)	100 mg	Gamma-aminobutyric acid	300 mg
of which hesperidin	50 mg	D-Aspartic acid	100 mg
Guarana extract (seeds)	200 mg	L-tryptophan	100 mg
of which caffeine	44 mg	Melatonin	1 mg
Ginger extract (root)	100 mg	Magnesium	135 mg
of which gingerols	5 mg	Iron	14 mg
Vitamin E	21 mg	Zinc	10 mg
Vitamin C	315 mg	Copper	1 mg
Thiamin	19,6 mg	Manganese	1,8 mg
Riboflavin	2,45 mg	Selenium	55 µg
Niacin	28 mg	Chromium	40 µg
Vitamin B6	12,45 mg	Molybdenum	50 μg
Folic acid	350 µg	lodine	150 µg
Vitamin B12	4,38 µg		
Biotin	87,5 µg		
Pantothenic acid	10,5 µg		

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

### **FOOD SUPPLEMENT**

### ZINC

- IT HELPS THE IMMUNE SYSTEM TO FUNCTION CORRECTLY
- IT SUPPORTS THE CORRECT PROTEIN SYNTHESIS
- IT HELPS TO PROTECT CELLS AGAINST OXIDATIVE STRESS
- IT HELPS TO MAINTAIN CORRECT COGNITIVE FUNCTIONS
- IT HELPS TO MAINTAIN THE CORRECT LEVEL OF TESTOSTER-ONE
- IT CONTRIBUTES TO MAINTAINING THE CORRECT METABO-LISM OF FATTY ACIDS



Nutrition declaration	
Serving size: 1 caps Number of servings: 180	
Amount per	1 caps (% NRV)*
Zinc	15 mg (150%)*

<sup>\* %</sup> NRV - Nutrient Reference Values

VITALITY AND FITNESS

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**FOOD SUPPLEMENT** 

# ZIVIES ZINC MAGNESIUM VITAMIN B6

- IT CONTRIBUTES TO MAINTAINING THE CORRECT METABO-LISM OF PROTEIN AND GLYCOGEN (VITAMIN B6)
- IT CONTRIBUTES TO REDUCING THE FEELING OF TIREDNESS AND FATIGUE (VITAMIN B6, MAGNESIUM)
- IT HELPS THE NERVOUS SYSTEM TO FUNCTION CORRECTLY
- (VITAMIN B6, MAGNESIUM)
- IT HELPS MUSCLES TO FUNCTION CORRECTLY (MAGNESIUM)
- IT SUPPORTS THE CORRECT PROTEIN SYNTHESIS (ZINC)
- IT HELPS TO MAINTAIN THE CORRECT LEVEL OF TESTOSTER-ONE (ZINC)



Nutrition declaration	
Serving size: 2 caps Number of servings: 45	
Amount per	2 caps (% NRV)*
Magnesium	250 mg (67%)*
Zinc	15 mg (150%)*
Vitamin B6	6 mg (429%)*

\* % NRV - Nutrient Reference Values

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**VITALITY AND FITNESS** 

**FOOD SUPPLEMENT** 

## ALPHA KING

- PRODUCT DESIGNED ESPECIALLY FOR MEN
- THE COMPOSITION BASED ON VEGETABLE INGREDIENTS AND ZINC
- HELPS TO KEEP THE APPROPRIATE LEVEL OF TESTOSTERONE
   IN THE BLOOD
- SUPPORTS IN KEEPING PROPER FERTILITY AND PROPER REPRODUCTIVE FUNCTIONS
- EFFICIENT PACKAGING 120 PORTIONS



Nutrition declaration	
Serving size: 1 caps Servings per container: 120	
Amount per	1 caps (% NRV)*
Tribulus terrestris fruit extract	189 mg
with saponins	179,5 mg
Fenugreek seed extract	200 mg
with saponins	100 mg
D-Aspartic acid	150 mg
Maca root extract	100 mg
Ginseng root extract	36 mg
with ginsenosides	3,6 mg
Zinc	7,3 mg (75%)*

\* % NRV - Nutrient Reference Values



**CARBOHYDRATES** 

CARBOHYDRATES

**FOOD SUPPLEMENT** 

**CARBOHYDRATES** 

RATES

## CARBO

- AN EXCELLENT SOURCE OF EASILY AVAILABLE ENERGY DURING TRAINING
- OUTSTANDING ABSORBILITY, GREAT TASTE AND GOOD SOLUBILITY
- PERFECT FOR HIGH-INTENSITY WORKOUTS
- FAVORS BETTER POST-WORKOUT REGENERATION,
   STIMULATES THE PROCESSES OF MUSCLE GLYCOGEN
   RESYNTHESIS



**CARBOHYDRATES** 

CARB

Nutrition declaration			
Serving size: 30 g (1 scoop) Servings per container: 33			
Amount per	120 g (% NRV)*	100 g (% NRV)*	30 g (%NRV)*
Energy	1940 kJ 456 kcal	1617 kJ 380 kcal	485 kJ 114 kcal
Fat	0 g	0 g	0 g
of which saturates	0 g	0 g	0 g
Carbohydrate	117 g	98 g	29 g
of which sugars	39 g	33 g	10 g
Protein	0 g	0 g	0 g
Salt	0,02 g	0,02 g	<0,01 g
Thiamin	0,55 mg / (50%)*	0,46 mg (42%)*	0,14 mg (13%)*

<sup>\* %</sup> NRV - Nutrient Reference Values

AVAILABLE FLAVOURS: LEMON, ORANGE

AVAILABLE SIZES: 1000 G 55

CARBOHYDRATES

**FOOD SUPPLEMENT** 

**CARBOHYDRATES** 

RATES

### ISO WAVE

**CARBOHYDRATES** 

- THE COMPOSITION INCLUDES MINERALS, CARBOHYDRATES AND VITAMIN C
- MAGNESIUM HELPS IN KEEPING THE ELECTROLYTE BALANCE
- POTASSIUM, CALCIUM AND MAGNESIUM HELP IN THE PROPER MUSCLE FUNCTIONING
- SIMPLE PREPARATION, JUST MIX WITH WATER



**CARBOHYDRATES** 

CARB

Nutrition declaration			
Serving size: 40 g (6,5 scoops) Servings per container: 12			
Amount per	120 g (% NRV)*	100 g (% NRV)*	30 g (%NRV)*
Energy	1952 kJ 460 kcal	1627 kJ 383 kcal	651 kJ 153 kcal
Fat	0 g	0 g	0 g
of which saturates	0 g	0 g	0 g
Carbohydrate	114 g	95 g	38 g
of which sugars	60 g	50 g	20 g
Protein	0,6 g	0 g	0 g
Salt	2,4 g	2,1 g	0,8 g
Vitamin C	182 mg (228%)*	151 mg (189%)*	61 mg (76%)*
Potassium	302 mg (15%)*	252 mg (13%)*	101 mg (5%)*
Magnesium	150 mg (40%)*	125 mg (33%)*	50 mg (13%)*
Calcium	300 mg (38%)*	250 mg (31%)*	100 mg (13%)*
Chloride	1066 mg (133%)*	888 mg (111%)*	355 mg (44%)*
Sodium	690 mg	575 mg	230 mg

<sup>\* %</sup> NRV - Nutrient Reference Values

AVAILABLE FLAVOURS: ORANGE, LEMON

**AVAILABLE SIZES:** 40 G, 500 G **56** 



**DIETETIC FOOD** 

**DIETETIC FOOD** 

- NUTRITIOUS AND VERY TASTY PEANUT-BASED PASTE
- IT PROVIDES THE BODY WITH LARGE AMOUNTS OF HEALTHY FATS, VEGETABLE PROTEIN AND DIETARY FIBRE
- IT PERFECTLY COMPLEMENTS WITH EXQUISITE DISHES AND **SWEET DESSERTS**
- EACH SERVING IS A GREAT SOURCE OF ENERGY FOR THE WHOLE DAY



**DIETETIC FOOD** 

**DIETETIC FOOD** 

Nutritional information		
Serving size: 25 g Servings per container: 36 (908 g), 11 (275 g)		
Nutritional value	25 g	% NRV*
Energy value	658 kJ / 159 kcal	8%
Fat of which saturated acids	13 g 2.0 g	19% 10%
Carbohydrate of which sugar	2.5 g 1.5 g	1% 2%
Fibre	1.8 g	-
Protein	6.8 g	14%
Salt	0 g	0%

<sup>\* %</sup> NRV - Nutrient Reference Values of an average adult (8400 kJ / 2000 kcal)

AVAILABLE SIZES: 275 G, 908 G 58 **DIETETIC FOOD** 

**DIETETIC FOOD** 

- UNIQUE PASTE MADE IN 100% FROM CAREFULLY SELECTED **GROUNDNUTS**
- IT PERFECTLY COMPLEMENTS WITH SWEET AND SAVOURY DISHES - PROVIDING THEM WITH A NEW FLAVOUR
- IT ENRICHES AND DIVERSIFIES EVEN THE MOST MONOTO-**NOUS DIET**
- RICH SOURCE OF VEGETABLE PROTEIN, HEALTHY FATS AND **DIETARY FIBRE**



DIETETIC FOOD

**DIETETIC FOOD** 

Nutritional information		
Serving size: 25 g Servings per container: 36 (908 g), 11 (275 g)		
Nutritional value	25 g	% NRV*
Energy value	649 kJ / 157 kcal	8%
Fat of which saturated acids	13 g 1.6 g	19% 9%
Carbohydrate of which sugar	3 g 1.4 g	0% 1%
Fibre	2.3 g	-
Protein	5.8 g	12%
Salt	< 0.01 g	0%

<sup>\* %</sup> NRV - Nutrient Reference Values of an average adult (8400 kJ / 2000 kcal)

AVAILABLE SIZES: 275 G, 908 G 59



## PROTEIN WAFER

- VERY TASTY AND NUTRITIOUS WAFER WITH INCREASED CONTENT OF PROTEIN
- EXCELLENT ALTERNATIVE TO CLASSIC SWEETS AND SNACKS
- INTERESTING WAY TO ENRICH AND DIVERSIFY A MONOTONOUS SPORTS DIET
- IT WILL BE PERFECT AS A NUTRITIOUS SNACK BETWEEN MEALS



Nutritional information		
Serving size: 40 g		
Amount per	100 g	40 g
Energy value	2291 kJ / 550 kcal <sup>1</sup> 2210 kJ / 527 kcal <sup>2</sup> 2178 kJ / 520 kcal <sup>3</sup> 2291 kJ / 547 kcal <sup>4</sup>	895 kJ / 215 kcal <sup>1</sup> 884 kJ / 211 kcal <sup>2</sup> 871 kJ / 208 kcal <sup>3</sup> 917 kJ / 219 kcal <sup>4</sup>
Fat	$36 g^1 / 35 g^2 / 35 g^3 / 38 g^4$	$14 g^{1} / 14 g^{2} / 14 g^{3} / 15 g^{4}$
of which saturated fatty acids	$17 g^{1} / 16 g^{2} / 16 g^{3} / 19 g^{4}$	$6.7 g^{1} / 6.4 g^{2} / 6.4 g^{3} / 7.7 g^{4}$
of which monounsaturated acids	$14 g^{1} / 13 g^{2} / 14 g^{3} / 15 g^{4}$	$5.5 g^1 / 5.2 g^2 / 5.6 g^3 / 5.9 g^4$
of which polyunsaturated acids	$4,6 g^{1} / 4.5 g^{2} / 4.5 g^{3} / 3.6 g^{4}$	$1 g^{1} / 1.8 g^{2} / 1.8 g^{3} / 1.5 g^{4}$
Carbohydrate	$25 g^{1} / 26 g^{2} / 24 g^{3} / 25 g^{4}$	$10 g^{1} / 10 g^{2} / 9.6 g^{3} / 10 g^{4}$
of which sugar	$2.8 g^{1} / 3.2 g^{2} / 0.71 g^{3} / 2.7 g^{4}$	$1.1  g^1  /  1.3  g^2  /  0.28  g^3  /  1.1  g^4$
of which polyols	11 $g^1$ / 11 $g^2$ / 12 $g^3$ / 11 $g^4$	$4.5 g^{1} / 4.4 g^{2} / 4.8 g^{3} / 4.5 g^{4}$
of which starch	11 g¹ / 11 g² / 12 g³ / 11 g⁴	$4.3 g^{1} / 4.4 g^{2} / 4.8 g^{3} / 4.3 g^{4}$
ibre	$0.87 g^{1}/ 0.92 g^{2}/ 3.3 g^{3} / 0.99 g^{4}$	$0.35 g^{1} / 0.37 g^{2} / 1.3 g^{3} / 0.4 g^{4}$
Protein	$31 g^1 / 30 g^2 / 30 g^3 / 29 g^4$	12 g¹ / 12 g² / 12 g³ / 12 g⁴
Salt	0.28 g <sup>1</sup> / 0.28 g <sup>2</sup> / 0.22 g <sup>3</sup> / 0.27 g <sup>4</sup>	0.11g <sup>1</sup> / 0.11 g <sup>2</sup> / 0.09 g <sup>3</sup> / 0.11 g <sup>4</sup>

 $\textbf{AVAILABLE FLAVOURS: $^{1}$VANILLA,$^{2}$STRAWBERRY,$^{3}$CHOCOLATE,$^{4}$CHOCOLATE SALTED CARAMEL}$ 

AVAILABLE SIZES: 40 G





- EXCEPTIONALLY TASTY SYRUPS AVAILABLE IN MANY REFINED FLAVOURS
- THEY ARE PERFECT AS AN ADDITION TO ALL MEALS, DESSERTS AND DRINKS
- THEY DO NOT CONTAIN CARBOHYDRATES, EACH SERVING
   IS FREE FROM UNNECESSARY CALORIES



5 ml	% NRV*
2 kJ / 1 kcal	0%
0 g	-
0 g	0%
0 g	0%
	2 kJ / 1 kcal  0 g  0 g  0 g  0 g  0 g  0 g  0 g  0

<sup>\* %</sup> NRV - Nutrient Reference Values

**AVAILABLE FLAVOURS:** CHOCOLATE, CHOCOLATE-HAZLNUT, CHOCOLATE AND CARAMEL, CHOCOLATE AND ALMOND, CHOCOLATE AND ORANGE, PINEAPPLE, RASPBERRY, SALTED CARAMEL, VANILLA, ADVOCAT

AVAILABLE SIZES: 500 ML 61

<sup>\*\*</sup> The table of the composition concerns the Apple pie flavour – other tables are available at www.6paknutrition.com





- TOP-QUALITY SAUCES COMPLEMENTING IDEALLY WITH EXQUISITE DISHES, ESPECIALLY MEAT
- EXCELLENT TASTE AND ZERO CALORIES PER SERVING, DUE TO WHICH THEY ARE PERFECT IN THE PERIOD OF LOSING WEIGHT OR LIMITING THE INTAKE OF CARBOHYDRATES.
- WIDE RANGE OF FLAVOURS WITH REFINED ORGANOLEPTIC **PROPERTIES**



Nutritional information		
Serving size: 5 ml Servings per container: 100		
Nutritional value	5 ml	% NRV*
Energy value	5 kJ / 1 kcal	0%
Fat	0.01 g	0%
of which saturated acids	0 g	0%
Carbohydrate	0.1 g	0%
of which sugar	0 g	0%
Fibre	0.01 g	-
Protein	0 g	0%
Salt	0.05 g	3%

<sup>\* %</sup> NRV - Nutrient Reference Values

**AVAILABLE SIZES: 500 ML** 62

AVAILABLE FLAVOURS: HOT KETCHUP, MOKE BBQ, GYPSY, ANDALOUSE

<sup>\*\*</sup> The table of the composition concerns the Hot Ketchup flavour – other tables are available at www6paknutritioncom





