

# ESSENCE



**PRODUCT CATALOG**



## ALA ALPHA LIPOIC ACID ANTIOXIDATION

- High concentration of ALA (alpha-lipoic acid) in each dose
- In a practical tablet form
- Each dose provides as much as 600 mg of alpha-lipoic acid
- One package contains as much as 90 full doses of the product.

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### Nutritional information

Dose: 2 caps.

Number of portions: 45

Amount in	2 caps.
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Alpha-lipoic acid	500 mg
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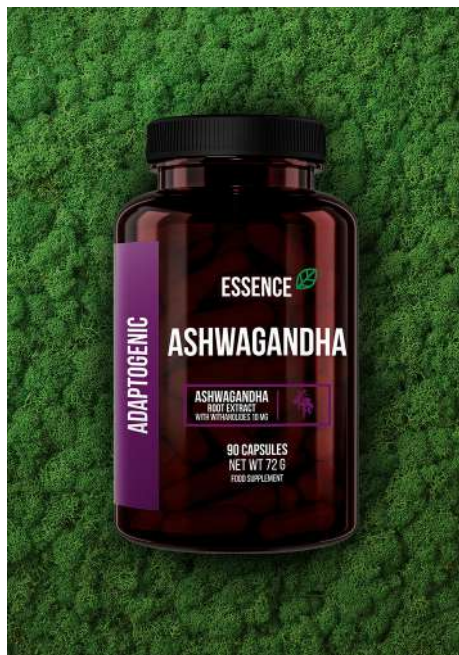


Available sizes:  
90 caps. (45 doses)  
Collective packaging: 12

### ASHWAGANDHA

- High quality extract with extremely high 7% standardization on the amount of withanolides
- Classified as one of the best natural adaptogens
- To-tier quality at a good price

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#### Nutritional information

Dose: 1 caps.

Number of portions: 90

Amount in	1 caps.
Ashwagandha root extract	666 mg
of which withanolides	10 mg



Available sizes:  
90 caps. (90 doses)  
Collective packaging: 12

## CHROMIUM PICOLINATE 200

- The packaging suffices for 180 days of supplementation
- Chromium contributes to maintaining proper macro-nutrient metabolism
- Chromium helps maintain normal blood glucose levels
- Can be successfully used by people with a diet aiming at weight reduction

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### Nutritional information

Dose: 1 caps.

Number of portions: 120

Amount in	1 caps. (%NRV)*
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Chrom	200 µg (500%)
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\* % NRV – Nutrient Reference Values



Available sizes:  
120 caps. (120 doses)  
Collective packaging: 12

## CLA CONJUGATED LINOLEIC ACID

- High quality conjugated alpha-lipoic acid providing up to 800 mg in each dose
- Excellent antioxidant properties
- Easy to swallow capsules

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### Nutritional information

Dose: 2 caps.

Number of portions: 45

Amount in	2 caps.
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Conjugated alpha-lipoic acid	958 mg
of which CLA	766 mg



Available sizes:  
90 caps. (45 doses)  
Collective packaging: 12

## ANTI AGE COLLAGEN WITH HYALURONIC ACID AND VITAMIN C

- Outstanding product from the „Anti age” category
- Contains collagen, hyaluronic acid and vitamin C
- Collagen is the most abundant protein in the human body
- Collagen full important functions in the skin
- Hyaluronic acid is the essential component of the external skin material
- Vitamin C is related to collagen production

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### Nutritional information

Dose: 2 caps.

Number of portions: 45

Amount in 2 caps.(%NRV)\*

Collagen	895 mg
Vitamin C	60 mg (75%)
Hyaluronic acid	40 mg

\* % NRV – Nutrient Reference Values



Available sizes:  
90 caps. (45 doses)  
Collective packaging: 12

## COLLAGEN

- Source of collagen (from bovine collagen hydrolysate)
- Collagen is the most important structural protein
- Each dose provides 3000 mg of collagen
- One package contains 30 doses
- Convenient form of supplementation in the form of tablets

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### Nutritional information

Dose: 4 caps.

Number of portions: 30

Amount in	4 caps.
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Collagen	2400 mg
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Available sizes:  
90 caps. (30 doses)  
Collective packaging: 12



## VITAMIN D3 2000 UI

- Each dose contains 50 µg, or 2000 IU vitamin D
- Vitamin D helps in the proper functioning of the muscles and immune system and in the proper absorption/use of calcium and phosphorus
- Vitamin D helps maintain healthy bones and teeth
- One tablet per day is enough to meet your daily needs
- The package contains 180 doses

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### Nutritional information

Dose: 1 caps.

Number of portions: 120

Amount in	1 caps. (%NRV)*
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Vitamin D	50 µg (1000%)
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\* % NRV – Nutrient Reference Values



Available sizes:  
120 caps. (120 doses)  
Collective packaging: 12



## VITAMIN D3 K2 MK-7

- Very well absorbed mixture of vitamin D3 and K2 (of natural origin - MK-7)
- Helps maintain healthy bones and teeth (Vitamin D).
- Improves assimilability and use of calcium and phosphorus from food (Vitamin D)
- Influences the normal functioning of the muscles and immune system (Vitamin D)
- Vitamin K contributes to normal blood clotting

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### Nutritional information

Dose: 1 caps.

Number of portions: 90

Amount in 1 caps. (%NRV)\*

Vitamin K	75 µg (100%)
Vitamin D	50 µg (100%)

\* % NRV – Nutrient Reference Values



Available sizes:  
90 caps. (90 doses)  
Collective packaging: 12

### GUARANA+

- Guarana - a natural source of caffeine
- Wide range of application by active people
- Has a documented positive effect on the human body
- Reinforced with anhydrous caffeine
- Product for use during periods of intense physical or mental effort

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#### Nutritional information

Dose: 1 caps.

Number of portions: 90

Amount in	1 caps.
Guarana seed extract	220 mg
of which caffeine	50 mg
Caffeine	150 mg



Available sizes:  
90 caps. (90 doses)  
Collective packaging: 12

## HYALURONIC ACID+

- Helps maintain proper collagen production to ensure proper functioning of cartilage and bones (Vitamin C)
- Helps protect cells from oxidative stress (Vitamin C) of skin, teeth and gums functioning (Vitamin C)

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### Nutritional information

Dose: 1 caps.

Number of portions: 90

Amount in	1 caps.(%NRV)*
Hyaluronic acid	120 mg
Proline	100 mg
Chondroitin sulphate	200 mg
Vitamin C	100 mg (125%)

\* % NRV – Nutrient Reference Values



Available sizes:  
90 caps. (90 doses)  
Collective packaging: 12



### KOREAN GINSENG 500MG

- Top-tier quality Korean ginseng extract
- Distinguished by a very high standardization for ginsenoside content
- Supports correct memorization and concentration (Ginseng)
- Strengthens the immune system and helps maintain sexual performance (Ginseng)

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#### Nutritional information

Dose: 1 caps.

Number of portions: 90

Amount in	1 caps.
Korean ginseng extract including ginsenosides	500 mg 50 mg



Available sizes:  
90 caps. (90 doses)  
Collective packaging: 12

## L-TRYPTOPHAN AMINO ACIDS 1000 MG

- High-end pure L-tryptophan in the form of easy to swallow tablets
- Rich source of amino acid, classified as essential
- Tryptophan acts as the precursor in melatonin and serotonin synthesis
- Characterized by good assimilability

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### Nutritional information

Dose: 2 caps.

Number of portions: 45

Amount in	2 caps.
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L-tryptofan	1000 mg
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Available sizes:  
90 caps. (45 doses)  
Collective packaging: 12

### L-CARNITINE

- Well assimilable form of L-carnitine in tablets
- L-carnitine shows antioxidant properties
- Best used pre- and post-workout.

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#### Nutritional information

Dose: 2 caps.

Number of portions: 45

Amount in	2 caps.
L-carnitine tartrate	1000 mg
of which L-carnitine	680 mg



Available sizes:  
90 caps. (45 doses)  
Collective packaging: 12



## MAGNESIUM + VITAMIN B6

- High quality magnesium enriched with vitamin B6
- Enables the rapid replenishment of these vital microelements
- Reduces the feeling of fatigue and exhaustion (Vitamin B6, Magnesium)
- Helps maintain a normal level of metabolic changes (Vitamin B6, Magnesium)
- Enables normal functioning of muscles and the nervous system (Magnesium)

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### Nutritional information

Dose: 2 caps.

Number of portions: 45

Amount in 2 caps. (%NRV)\*

Magnesium	375 mg (100%)
Vitamin B6	1.4 mg (100%)

\* % NRV – Nutrient Reference Values



Available sizes:  
90 caps. (45 doses)  
Collective packaging: 12

## MELATONIN

- Rich source of melatonin with excellent bioavailability
- Helps normalize the daily (day and night) cycle, promotes significant improvement of sleep quality and nighttime regeneration (Melatonin)
- Eliminates the problem of the so-called „jet-lag“, associated with frequent time zone changes
- Melatonin shortens the time needed to sleep. The beneficial effect occurs after consuming 1 mg of Melatonin shortly before bedtime.

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### Nutritional information

Dose: 1 caps.

Number of portions: 120

Amount in	1 caps.
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Melatonin	1 mg
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Available sizes:  
120 caps. (120 doses)  
Collective packaging: 12

## MSM ORGANIC SULFUR SOURCE

- Solid dose of pure MSM (methylsulfonylmethane) in each serving
- Rich source of organic sulphur with excellent bioavailability
- In the for of easy to swallow tablets
- MSM is a naturally occurring organic sulfur compound with broad biological activity

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### Nutritional information

Dose: 2 caps.

Number of portions: 45

Amount in	2 caps.
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Metylosulfonylmetan	1000 mg
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Available sizes:  
90 caps. (45 doses)  
Collective packaging: 12



## NIACIN 500MG VITAMIN B3

- Highly concentrated niacin in nicotinic amide acid form
- Very well assimilated, in a practical tablet form.
- Reduces the feeling of tiredness and fatigue (Niacin)
- Helps maintain an appropriate level of energy transformation (Niacin)
- Has a positive effect on skin health (Niacin)

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### Nutritional information

Dose: 1 caps.

Number of portions: 120

Amount in	1 caps.(%NRV)*
Niacin	500 mg (3125%)

\* % NRV – Nutrient Reference Values



Available sizes:  
120 caps. (120 doses)  
Collective packaging: 12

### OMEGA 3-6-9

- High-class product rich in omega 3, 6, 9 acids
- Each serving provides a solid dose of active substances
- Excellent assimilability and simple composition
- Helps balance the diet, enriches it
- Supports brain functioning and vision (DHA)
- Promotes proper heart functioning (DHA, EPA)
- Helps maintain normal blood pressure and improves blood
- Lipidogram (DHA, EPA)
- Comes in easy to swallow gel capsules

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#### Nutritional information

Dose: 1 caps.

Number of portions: 90

Amount in	1 caps.
Fish oil with	400 mg
EPA	72 mg
DHA	48 mg
ALA	150 mg
LA	145 mg
OA	43.5 mg



Available sizes:  
90 caps. (90 doses)  
Collective packaging: 12

## OMEGA 3

- Omega 3 supplements the diet with EPA polyunsaturated fatty acids and DHA belonging to the omega-3 group.
- EPA and DHA contribute to normal functioning of the heart\*

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### Nutritional information

Dose: 1 caps.

Number of portions: 90

Amount in	1 caps.(%NRV)*
Fish oil with	1005 mg
EPA	330 mg
DHA	220 mg
Vitamin E	5 mg (42%)

\* % NRV – Nutrient Reference Values



Available sizes:  
90 caps. (90 doses)  
Collective packaging: 12

## POTASSIUM

- Contains potassium in the form of potassium citrate - 1000 mg in each dose
- Potassium helps with normal functioning of the nervous system and muscles
- Potassium contributes to maintaining adequate blood pressure
- The packaging suffices 1 month of supplementation

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### Nutritional information

Dose: 2 caps.

Number of portions: 90

Amount in 2 caps. (%NRV)\*

Potassium 800 mg (40%)

\* % NRV – Nutrient Reference Values



Available sizes:  
90 caps. (45 doses)  
Collective packaging: 12



### RHODIOLA ROSEA EXTRACT

- Supports the nervous system (Rhodiola rosea)
- Excellent high standardized Rhodiola rosea extract
- Classified as one of the strongest adaptogens of plant origin

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#### Nutritional information

Dose: 1 caps.

Number of portions: 90

Amount in	1 caps.
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Rhodiola rosea root extract	100 mg
of which rosavin	3 mg
of which salidroside	1 mg



Available sizes:  
90 caps. (90 doses)  
Collective packaging: 12

### TRIBULUS TERRESTRIS

- Each tablet contains 1100 mg of Tribulus terrestris fruit extract
- Tribulus terrestris is a plant known in Chinese and Indian tradition for hundreds of years.
- The package contains 90 doses

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#### Nutritional information

Dose: 1 caps.

Number of portions: 90

Amount in	1 caps.
Tribulus terrestris fruit extract	1100 mg
of which saponins	990 mg



Available sizes:  
90 caps. (90 doses)  
Collective packaging: 12

## ZINC

- Excellent source of well absorbed zinc
- Zinc helps with normal protein synthesis
- Helps maintain acid-base balance (Zinc)
- Support normal metabolism of carbohydrates and fatty acids (Zinc)
- Has a positive effect on the hormonal system and cognitive functions (Zinc)
- Protects body cells from oxidative stress (Zinc)

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### Nutritional information

Dose: 1 caps.

Number of portions: 120

Amount in 1 caps. (%NRV)\*

Zinc 15 mg (150%)

\* % NRV – Nutrient Reference Values



Available sizes:  
120 caps. (120 doses)  
Collective packaging: 12

### CAFFEINE

- Powerful dose of pure caffeine in each serving
- Provides a solid boost of energy and stimulation (caffeine)
- Especially suitable during weaker days (caffeine).
- Improves physical strength (caffeine)\*
- Improves vigilance (caffeine)

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#### Nutritional information

Dose: 1 caps.

Number of portions: 120

Amount in	1 caps.
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Caffeine	200 mg
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Available sizes:  
120 caps. (120 doses)  
Collective packaging: 12



### MILK THISTLE

- High quality milk thistle extract
- Each dose provides up to 500 mg of active substances with excellent assimilability.
- Has a positive effect on functioning of the liver

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#### Nutritional information

Dose: 1 caps.

Number of portions: 90

Amount in	1 caps.
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Milk thistle seed extract	500 mg
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Available sizes:  
90 caps. (90 doses)  
Collective packaging: 12

## COLLAGEN + VITAMIN C

- The perfect choice if you are looking for a combination of collagen and vitamin c
- Each portion is up to 1000 mg of collagen
- Collagen is an essential cell component in the connective tissue
- Collagen hydrolyzate is categorized as bioactive peptides
- Because of its low molecular weight, hydrolyzed collagen is easily digested, absorbed and distributed in the human body
- Vitamin c helps in the proper production of collagen

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### Nutritional information

Dose: 2 caps.

Number of portions: 45



Available sizes:

90 caps. (45 doses)

Collective packaging: 12

## GLUCOSAMINE CHONDROITIN & MSM

- Excellent source of properly composed mixture of glucosamine, chonroitin and MSM
- Ideal choice for both physically active people and the elderly
- 1000 mg MSM per tablet
- Convenient form of supplementation

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### Nutritional information

Dose: 4 caps.

Number of portions: 30

Amount in	4 caps.
Glucosamine sulphate	1000 mg
Chondroitin sulphate	1000 mg
Methylsulfonylmethane	600 mg



Available sizes:  
120 caps. (30 doses)  
Collective packaging: 12

### MACA

- Contains maca (Meyenia lepidium) root extract
- Maca is a plant naturally occurring in the Andes.
- One tablet contains up to 500 mg of maca root extract
- The package contains 90 doses, which suffices for 3 months of supplementation
- Comfortable product form - tablets

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#### Nutritional information

Dose: 1 caps.

Number of portions: 90

Amount in	1 caps.
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Maca root extract	500 mg
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Available sizes:  
90 caps. (90 doses)  
Collective packaging: 12



### ZMB

- Contains magnesium, zinc and vitamin B6
- Each dose contains a minimum of 100% of the daily reference intake value
- Magnesium and Vitamin B6 help reduce the feeling of fatigue and weariness
- Zinc helps maintain normal testosterone levels in the blood
- Zinc contributes to maintaining good condition of nail and skin hair
- One package contains 40 doses

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#### Nutritional information

Dose: 2 caps.

Number of portions: 60

Amount in	2 caps. (%NRV)*
Magnesium	375 mg (100%)
Zinc	15 mg (150%)
Vitamin B6	4 mg (286%)

\* % NRV – Nutrient Reference Values



Available sizes:  
120 caps. (60 doses)  
Collective packaging: 12

## INOSINE PLUS FOR IMMUNE SYSTEM

- Complex formula that is based on inosine
- The Composition also includes cla, zinc, amino acids and grapefruits extract
- Inosine displays immunomodulating properties (1)
- Zinc helps in the proper functioning of the immune system
- Zinc supports the protection of cells against oxidative stress
- Grapefruit supports the immunity of the organism and supports the defensive system

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### Nutritional information

Dose: 2 caps.

Number of portions: 45

Amount in	2 caps. (%NRV)*
Inosine	700 mg (-)
Conjugated linoleic acid	240 mg (-)
including CLA	192 mg (-)
L-lysine hydrochloride	200 mg (-)
including L-lysine	160 mg (-)
L-Histidine	100 mg (-)
Zinc	10 mg (100%)
Grapefruit extract	4 mg (-)
including naringenin	3,92 mg

\* % NRV – Nutrient Reference Values



Available sizes:  
90 caps. (45 doses)  
Collective packaging: 12

## GOTU KOLA

- This plant has been known in ayuverda for 3 thousand years
- India, china and indonesia are the main countries of origin
- Gotu kola contributes to the proper functioning of cardiovascular functions
- Gotu kola supports digestive comfort
- Gotu kola extract in the form of tablets - simple supplementation

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### Nutritional information

Dose: 1 caps.

Number of portions: 90

Amount in	1 caps.
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Gotu kola extract (Asian spotted rotunda)	400 mg
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Available sizes:  
90 caps. (90 doses)  
Collective packaging: 12

### BACOPA MONNIERI

- Excellent bacopa monnieri extract with extremely high standardization for bacoside content (50%)
- Has a positive effect on cognitive processes, facilitates memory and concentration (Bacopa Monnieri)

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#### Nutritional information

Dose: 1 caps.

Number of portions: 90

Amount in	1 caps.
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Bacopa monnieri extract	250 mg
of which bacosides	125 mg



Available sizes:  
90 caps. (90 doses)  
Collective packaging: 12



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