



**TREC**  
**BETTER FOOD BETTER LIFE**



## ABOUT US

Good nutrition is part and parcel of a great recipe for a healthy fulfilling life which includes a positive state of mind, a fit body and wellness. However, this often demands a slowdown in our lives, and nowadays it seems to be a challenge as so many are in rush. As food quality deteriorates, some strive to select good products and carefully prepare their food. This is a time consuming enterprise. For many it is not an option. This is especially so for athletes who are usually on the go and need fast and healthy eating solutions. Also, healthy food means a lack of taste. Therefore, Trec has addressed this challenge and has developed a special line of superfood - Better Food for Better Life. Now it is way easier to take care of health, have a fit body and not compromise on great taste.

The Better Food line offers a variety of products such as protein creams, peanut butters, sauces, bars, fruits in jelly and protein shakes. These are all in tempting flavours that will enrich the taste of your favourite dishes and snacks, all whilst being low-calorie. The products contain delicious fruit drops, full of real fruits and no added sugar - products without remorse that support your athletic lifestyle.





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# FRUITS IN JELLY STRAWBERRY

» amazing flavour and low caloric content



LOW-CALORIE  
PRODUCT



FULL OF  
REAL FRUITS



NO ADDED  
SUGAR

Fruits In Jelly offers an interesting alternative for traditional jam, which typically has a high caloric content. It tastes great, and even the most demanding fruit lovers will be delighted by its flavour. The product is available in flavours including peach, raspberry, cherry, strawberry and blackcurrant. It works perfectly with porridge, muesli, cottage cheese, omelettes or cocktails [i.e. protein drinks], and also as a topping for cakes, ice-cream or pasta. It could even be considered as one of your daily servings of fruit, certainly improving the quality of your diet. The product is sweetened with erythritol.

#### Who is the product recommended for?

Fruit In Jelly is a perfect way to diversify a monotonous diet. It is worth emphasising that it increases the nutritional value of the diet, as each serving contains 80% of fruit, a natural source of many important microelements.

#### PACKAGING:



600 g

#### FLAVOURS:



Raspberry



Blueberry



Peach



Blackcurrant



Cherry



Apple-Cinnamon

NUTRITION VALUE	per 100 g
Energy	166 kJ / 39 kcal
Fat	0,3 g
of which saturates	0 g
Carbohydrate	21 g
of which sugars	4,0 g
of which polyols	13 g
Fibre	1,3 g
Protein	0,5 g
Salt	0 g



# FRUITS IN JELLY BLACKCURRANT

» amazing flavour and low caloric content



LOW-CALORIE  
PRODUCT



FULL OF  
REAL FRUITS



NO ADDED  
SUGAR

Fruits In Jelly offers an interesting alternative for traditional jam, which typically has a high caloric content. It tastes great, and even the most demanding fruit lovers will be delighted by its flavour. The product is available in flavours including peach, raspberry, cherry, strawberry and blackcurrant. It works perfectly with porridge, muesli, cottage cheese, omelettes or cocktails [i.e. protein drinks], and also as a topping for cakes, ice-cream or pasta. It could even be considered as one of your daily servings of fruit, certainly improving the quality of your diet. The product is sweetened with erythritol.

#### Who is the product recommended for?

Fruit In Jelly is a perfect way to diversify a monotonous diet. It is worth emphasising that it increases the nutritional value of the diet, as each serving contains 80% of fruit, a natural source of many important microelements.

#### PACKAGING:



600 g

#### FLAVOURS:



Cherry



Blueberry



Strawberry



Raspberry



Peach



Apple-Cinnamon

NUTRITION VALUE	per 100 g
Energy	280 kJ / 67 kcal
Fat	0,1 g
of which saturates	0 g
Carbohydrate	23 g
of which sugars	5,9 g
of which polyols	10 g
Fibre	5,0 g
Protein	0,9 g
Salt	0 g



# FRUITS IN JELLY PEACH

» amazing flavour and low caloric content



LOW-CALORIE  
PRODUCT



FULL OF  
REAL FRUITS



NO ADDED  
SUGAR

Fruits In Jelly offers an interesting alternative for traditional jam, which typically has a high caloric content. It tastes great, and even the most demanding fruit lovers will be delighted by its flavour. The product is available in flavours including peach, raspberry, cherry, strawberry and blackcurrant. It works perfectly with porridge, muesli, cottage cheese, omelettes or cocktails [i.e. protein drinks], and also as a topping for cakes, ice-cream or pasta. It could even be considered as one of your daily servings of fruit, certainly improving the quality of your diet. The product is sweetened with erythritol.

#### Who is the product recommended for?

Fruit In Jelly is a perfect way to diversify a monotonous diet. It is worth emphasising that it increases the nutritional value of the diet, as each serving contains 80% of fruit, a natural source of many important microelements.

#### PACKAGING:



600 g

#### FLAVOURS:



Raspberry



Blueberry



Cherry



Blackcurrant



Strawberry



Apple-Cinnamon

NUTRITION VALUE	per 100 g
Energy	211 kJ / 50 kcal
Fat	0,1 g
of which saturates	0 g
Carbohydrate	25 g
of which sugars	7,0 g
of which polyols	14 g
Fibre	1,1 g
Protein	0,7 g
Salt	0 g







# FRUITS IN JELLY RASPBERRY

» amazing flavour and low caloric content



LOW-CALORIE  
PRODUCT



FULL OF  
REAL FRUITS



NO ADDED  
SUGAR

Fruits In Jelly offers an interesting alternative for traditional jam, which typically has a high caloric content. It tastes great, and even the most demanding fruit lovers will be delighted by its flavour. The product is available in flavours including peach, raspberry, cherry, strawberry and blackcurrant. It works perfectly with porridge, muesli, cottage cheese, omelettes or cocktails [i.e. protein drinks], and also as a topping for cakes, ice-cream or pasta. It could even be considered as one of your daily servings of fruit, certainly improving the quality of your diet. The product is sweetened with erythritol.

#### Who is the product recommended for?

Fruit In Jelly is a perfect way to diversify a monotonous diet. It is worth emphasising that it increases the nutritional value of the diet, as each serving contains 80% of fruit, a natural source of many important microelements.

#### PACKAGING:



600 g

#### FLAVOURS:



Cherry



Blueberry



Strawberry



Blackcurrant



Peach



Apple-Cinnamon

NUTRITION VALUE	per 100 g
Energy	273 kJ / 65 kcal
Fat	0,2 g
of which saturates	0 g
Carbohydrate	22 g
of which sugars	8,0 g
of which polyols	10 g
Fibre	5,4 g
Protein	1,1 g
Salt	0 g

# FRUITS IN JELLY BLUEBERRY

» amazing flavour and low caloric content



LOW-CALORIE  
PRODUCT



FULL OF  
REAL FRUITS



NO ADDED  
SUGAR

Fruits In Jelly offers an interesting alternative for traditional jam, which typically has a high caloric content. It tastes great, and even the most demanding fruit lovers will be delighted by its flavour. The product is available in flavours including peach, raspberry, cherry, strawberry and blackcurrant. It works perfectly with porridge, muesli, cottage cheese, omelettes or cocktails [i.e. protein drinks], and also as a topping for cakes, ice-cream or pasta. It could even be considered as one of your daily servings of fruit, certainly improving the quality of your diet. The product is sweetened with erythritol.

#### Who is the product recommended for?

Fruit In Jelly is a perfect way to diversify a monotonous diet. It is worth emphasising that it increases the nutritional value of the diet, as each serving contains 80% of fruit, a natural source of many important microelements.

#### PACKAGING:



600 g

#### FLAVOURS:



Raspberry



Cherry



Peach



Blackcurrant



Strawberry



Apple-Cinnamon

NUTRITION VALUE	per 100 g
Energy	281 kJ / 67 kcal
Fat	0,3 g
of which saturates	0 g
Carbohydrate	26 g
of which sugars	8 g
of which polyols	11 g
Fibre	1,9 g
Protein	0 g
Salt	0 g



# FRUITS IN JELLY CHERRY

» amazing flavour and low caloric content



LOW-CALORIE  
PRODUCT



FULL OF  
REAL FRUITS



NO ADDED  
SUGAR

Fruits In Jelly offers an interesting alternative for traditional jam, which typically has a high caloric content. It tastes great, and even the most demanding fruit lovers will be delighted by its flavour. The product is available in flavours including peach, raspberry, cherry, strawberry and blackcurrant. It works perfectly with porridge, muesli, cottage cheese, omelettes or cocktails [i.e. protein drinks], and also as a topping for cakes, ice-cream or pasta. It could even be considered as one of your daily servings of fruit, certainly improving the quality of your diet. The product is sweetened with erythritol.

#### Who is the product recommended for?

Fruit In Jelly is a perfect way to diversify a monotonous diet. It is worth emphasising that it increases the nutritional value of the diet, as each serving contains 80% of fruit, a natural source of many important microelements.

#### PACKAGING:



600 g

#### FLAVOURS:



Raspberry



Blueberry



Peach



Blackcurrant



Strawberry



Apple-Cinnamon

NUTRITION VALUE	per 100 g
Energy	247 kJ / 58 kcal
Fat	0,3 g
of which saturates	0 g
Carbohydrate	22 g
of which sugars	2,0 g
of which polyols	9,0 g
Fibre	0,6 g
Protein	0,6 g
Salt	0 g

# FRUITS IN JELLY APPLE-CINNAMON

» amazing flavour and low caloric content



LOW-CALORIE  
PRODUCT



FULL OF  
REAL FRUITS



NO ADDED  
SUGAR

Fruits In Jelly offers an interesting alternative for traditional jam, which typically has a high caloric content. It tastes great, and even the most demanding fruit lovers will be delighted by its flavour. The product is available in flavours including peach, raspberry, cherry, strawberry and blackcurrant. It works perfectly with porridge, muesli, cottage cheese, omelettes or cocktails [i.e. protein drinks], and also as a topping for cakes, ice-cream or pasta. It could even be considered as one of your daily servings of fruit, certainly improving the quality of your diet. The product is sweetened with erythritol.

#### Who is the product recommended for?

Fruit In Jelly is a perfect way to diversify a monotonous diet. It is worth emphasising that it increases the nutritional value of the diet, as each serving contains 80% of fruit, a natural source of many important microelements.

#### PACKAGING:



600 g

#### FLAVOURS:



Raspberry



Blueberry



Peach



Blackcurrant



Strawberry



Cherry

NUTRITION VALUE	per 100 g
Energy	226 kJ / 53 kcal
Fat	0,2 g
of which saturates	0 g
Carbohydrate	26 g
of which sugars	11 g
of which polyols	14 g
Fibre	1,2 g
Protein	0,3 g
Salt	0 g





CALORIE-FREE





# SAUCE ZERO BLUEBERRY

» captivating flavour without calories or aspartame



FAT  
FREE



NO ADDED  
SUGAR



FREEZE-DRIED  
FRUIT



VEGAN  
FRIENDLY

Sauce Zero is a perfect way to add variety to your diet, combining delicious taste and low calorific value. The advantages of this sauce include: nearly zero calorific value, exceptional taste that keeps boredom away from your diet, lack of aspartame and the addition of lyophilised fruit. Lyophilised fruits are a real success in fruit preservation. They undergo a special drying process which allows them to maintain their flavour, vitamins and minerals. Most importantly, they do not contain any additional calories associated with the addition of sugars, which is a problem in the case of candied fruit or fruit dried using the traditional, large-scale methods.

## Who is the product recommended for?

For all people following diets without sweets who dream about delicious, fruity flavours. This dream can come true with Sauce Zero.

## PACKAGING:



500 ml

## FLAVOURS:



Peach



Apple Pie



Pear-Banana

NUTRITION VALUE	per 100 ml	per portion 5 ml
Energy	30 kJ / 7 kcal	2 kJ / 0 kcal
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	1,4 g	0 g
of which sugars	0,6 g	0 g
Fibre	0,8 g	0 g
Protein	0 g	0 g
Salt	0,06 g	0 g



# SAUCE ZERO PEACH

» captivating flavour without calories or aspartame



FAT  
FREE



NO ADDED  
SUGAR



FREEZE-DRIED  
FRUIT



VEGAN  
FRIENDLY

Sauce Zero is a perfect way to add variety to your diet, combining delicious taste and low calorific value. The advantages of this sauce include: nearly zero calorific value, exceptional taste that keeps boredom away from your diet, lack of aspartame and the addition of lyophilised fruit. Lyophilised fruits are a real success in fruit preservation. They undergo a special drying process which allows them to maintain their flavour, vitamins and minerals. Most importantly, they do not contain any additional calories associated with the addition of sugars, which is a problem in the case of candied fruit or fruit dried using the traditional, large-scale methods.

## Who is the product recommended for?

For all people following diets without sweets who dream about delicious, fruity flavours. This dream can come true with Sauce Zero.

## PACKAGING:



500 ml

## FLAVOURS:



Apple Pie



Blueberry



Pear-Banana

NUTRITION VALUE	per 100 ml	per portion 5 ml
Energy	30 kJ / 7 kcal	2 kJ / 0 kcal
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	1,4 g	0 g
of which sugars	0,7 g	0 g
Fibre	0,8 g	0 g
Protein	0 g	0 g
Salt	0,06 g	0 g

# SAUCE ZERO APPLE PIE

» captivating flavour without calories or aspartame



FAT  
FREE



NO ADDED  
SUGAR



FREEZE-DRIED  
FRUIT



VEGAN  
FRIENDLY

Sauce Zero is a perfect way to add variety to your diet, combining delicious taste and low calorific value. The advantages of this sauce include: nearly zero calorific value, exceptional taste that keeps boredom away from your diet, lack of aspartame and the addition of lyophilised fruit. Lyophilised fruits are a real success in fruit preservation. They undergo a special drying process which allows them to maintain their flavour, vitamins and minerals. Most importantly, they do not contain any additional calories associated with the addition of sugars, which is a problem in the case of candied fruit or fruit dried using the traditional, large-scale methods.

## Who is the product recommended for?

For all people following diets without sweets who dream about delicious, fruity flavours. This dream can come true with Sauce Zero.

## PACKAGING:



500 ml

## FLAVOURS:



Peach



Blueberry



Pear-Banana

NUTRITION VALUE	per 100 ml	per portion 5 ml
Energy	37 kJ / 9 kcal	2 kJ / 0 kcal
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	1,8 g	0 g
of which sugars	0,7 g	0 g
Fibre	0,8 g	0 g
Protein	0 g	0 g
Salt	0,05 g	0 g



# SAUCE ZERO PEAR-BANANA

» captivating flavour without calories or aspartame



FAT  
FREE



NO ADDED  
SUGAR



FREEZE-DRIED  
FRUIT



VEGAN  
FRIENDLY

Sauce Zero is a perfect way to add variety to your diet, combining delicious taste and low calorific value. The advantages of this sauce include: nearly zero calorific value, exceptional taste that keeps boredom away from your diet, lack of aspartame and the addition of lyophilised fruit. Lyophilised fruits are a real success in fruit preservation. They undergo a special drying process which allows them to maintain their flavour, vitamins and minerals. Most importantly, they do not contain any additional calories associated with the addition of sugars, which is a problem in the case of candied fruit or fruit dried using the traditional, large-scale methods.

## Who is the product recommended for?

For all people following diets without sweets who dream about delicious, fruity flavours. This dream can come true with Sauce Zero.

## PACKAGING:



500 ml

## FLAVOURS:



Peach



Blueberry



Apple Pie

NUTRITION VALUE	per 100 ml	per portion 5 ml
Energy	30 kJ / 7 kcal	2 kJ / 0 kcal
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	1,4 g	0 g
of which sugars	0,5 g	0 g
Fibre	0,8 g	0 g
Protein	0 g	0 g
Salt	0,06 g	0 g

# PROTEIN SPREAD COOKIE & CRUNCHY

» amazing taste and high nutritional value



Protein Spread is an exceptionally tasty cream with increased protein content, available in several flavours. Each serving is an excellent source of valuable fats, but also full-value protein from milk. Despite its unique organoleptic properties, it does not contain sugar, to help ensure the proper balancing and variety of your diet. The cream flavours currently available include: Coconut & Crunchy, Cookie & Crunchy, Nutty & Cookie and Salted Caramel & Cookie.

## Who is the product recommended for?

It is especially recommended for people who are physically active, whose diet has become monotonous. The spread helps to add variety to your menu, without a negative effect on your diet.

## PACKAGING:



300 g

## FLAVOURS:



Salted Caramel & Cookie



Coconut & Crunchy



Nutty & Cookie

NUTRITION VALUE	per 100 g
Energy	2362 kJ / 570 kcal
Fat	45 g
of which saturates	7,2 g
Carbohydrate	29 g
of which sugars	8,3 g
of which polyols	18,0 g
Fibre	5,1 g
Protein	17 g
Salt	0,02 g



# PROTEIN SPREAD SALTED CARAMEL & COOKIE

» amazing taste and high nutritional value



NO ADDED  
SUGAR



NO ADDED  
PALM OIL

Protein Spread is an exceptionally tasty cream with increased protein content, available in several flavours. Each serving is an excellent source of valuable fats, but also full-value protein from milk. Despite its unique organoleptic properties, it does not contain sugar, to help ensure the proper balancing and variety of your diet. The cream flavours currently available include: Coconut & Crunchy, Cookie & Crunchy, Nutty & Cookie and Salted Caramel & Cookie.

## Who is the product recommended for?

It is especially recommended for people who are physically active, whose diet has become monotonous. The spread helps to add variety to your menu, without a negative effect on your diet.

## PACKAGING:



300 g

## FLAVOURS:



Cookie & Crunchy



Coconut & Crunchy



Nutty & Cookie

NUTRITION VALUE	per 100 g
Energy	2361 kJ / 570 kcal
Fat	45 g
of which saturates	7,1 g
Carbohydrate	29 g
of which sugars	8,2 g
of which polyols	18 g
Fibre	5,0 g
Protein	17 g
Salt	1,5 g







# PROTEIN SPREAD COCONUT & CRUNCHY

» amazing taste and high nutritional value



NO ADDED  
SUGAR



NO ADDED  
PALM OIL

Protein Spread is an exceptionally tasty cream with increased protein content, available in several flavours. Each serving is an excellent source of valuable fats, but also full-value protein from milk. Despite its unique organoleptic properties, it does not contain sugar, to help ensure the proper balancing and variety of your diet. The cream flavours currently available include: Coconut & Crunchy, Cookie & Crunchy, Nutty & Cookie and Salted Caramel & Cookie.

## Who is the product recommended for?

It is especially recommended for people who are physically active, whose diet has become monotonous. The spread helps to add variety to your menu, without a negative effect on your diet.

## PACKAGING:



300 g

## FLAVOURS:



Salted Caramel & Cookie



Cookie & Crunchy



Nutty & Cookie

NUTRITION VALUE	per 100 g
Energy	2402 kJ / 582 kcal
Fat	51 g
of which saturates	33 g
Carbohydrate	34 g
of which sugars	9,0 g
of which polyols	25 g
Fibre	3,0 g
Protein	5,2 g
Salt	0,02 g

# PROTEIN SPREAD NUTTY & COOKIE

» amazing taste and high nutritional value



NO ADDED  
SUGAR



NO ADDED  
PALM OIL

Protein Spread is an exceptionally tasty cream with increased protein content, available in several flavours. Each serving is an excellent source of valuable fats, but also full-value protein from milk. Despite its unique organoleptic properties, it does not contain sugar, to help ensure the proper balancing and variety of your diet. The cream flavours currently available include: Coconut & Crunchy, Cookie & Crunchy, Nutty & Cookie and Salted Caramel & Cookie.

## Who is the product recommended for?

It is especially recommended for people who are physically active, whose diet has become monotonous. The spread helps to add variety to your menu, without a negative effect on your diet.

## PACKAGING:



300 g

## FLAVOURS:



Salted Caramel & Cookie



Coconut & Crunchy



Cookie & Crunchy

NUTRITION VALUE	per 100 g
Energy	2365 kJ / 571 kcal
Fat	45 g
of which saturates	7,0 g
Carbohydrate	28 g
of which sugars	7,4 g
of which polyols	19 g
Fibre	6,4 g
Protein	18 g
Salt	0,06 g

# PEANUT BUTTER CREAM

» 100% nuts without a gram of sugar or salt, with a high protein content



NO ADDED  
SUGAR



NO ADDED  
SALT



VEGAN  
FRIENDLY

Peanut Butter Cream contains only peanuts, with no added sugar or salt. Peanuts contain a lot of healthy unsaturated fatty acids, so 100 g of Peanut Butter Cream contains 40 g of unsaturated fat and only 9 g of saturated fat. There is a reason we chose peanuts as the main ingredient in our cream, as they are very high in protein [100g of butter contains over 30g of protein], which will be a tasty protein supplement in vegan diets too. Other advantages of peanuts used in the production of our delicious cream include: high content of B vitamins, especially B3 [niacin], which supports the functioning of the nervous system, magnesium and zinc. Peanut Butter Cream is a tasty addition of healthy unsaturated fats to your diet, and a safe variety to your weight loss diet.

## Who is the product recommended for?

The product is recommended for people who care for the proper level of healthy fatty acids in their diet. Peanut Butter Cream is also a safe addition to a weight-loss diet.

## PACKAGING:



500 g



300 g

NUTRITION VALUE	per 100 g
Energy	2085 kJ / 505 kcal
Fat	49 g
of which saturates	9,2 g
Carbohydrate	8,6 g
of which sugars	4,6 g
Fibre	7,4 g
Protein	31 g
Salt*	0,04 g

\*The salt content is exclusively due to the presence of naturally occurring sodium







# HIGH PROTEIN PEANUTS

» chocolate-covered peanuts, with a high protein content



25 G OF PROTEIN  
PER PORTION



DOES NOT CONTAIN  
HARDENED FAT



HIGH CONTENT OF  
OMEGA-9 FATTY ACIDS

High Protein Peanuts is a delicious, high-protein snack in the form of chocolate covered peanuts. The high protein content results from the presence of complete whey protein (WPC) and peanuts, which are a record holder in terms of protein content (more than 25 g!). As one of the main ingredients of High Protein Peanuts, it is also characterized by high levels of healthy omega-9 and omega-6 fatty acids. The delicious sweet taste of nuts is not, of course, due to added sugar, but to low-calorie maltitol.

**Who is the product recommended for?**

Anyone seeking healthy snacks, which also form a source of protein in their diet.

**PACKAGING:**



300 g

NUTRITION VALUE	per 100 g
Energy	1887 kJ / 454 kcal
Fat	31 g
of which saturates	13 g
Carbohydrate	28 g
of which sugars	2,2 g
of which polyols	23 g
Protein	25 g
Salt	0,20 g

# MILK CHOCOLATE

» the heavenly taste of chocolate with fewer calories



HAND-MADE  
CHOCOLATE



FULL OF  
REAL FRUITS



NO ADDED  
SUGAR

Milk chocolate is a delicious, milky, diet chocolate available in two delicious flavours: strawberry with chokeberry and blackcurrant with cranberry. You can enjoy them even if you are on a reduction diet, as they contain no added sugar. Their sweet taste results from the presence of maltitol, a sweetener from the polyol group [the same family as xylitol]. Maltitol is almost as sweet as sugar, but at half the calories! The delicious taste of Milk chocolate is enhanced by the addition of freeze-dried fruit. Freeze-drying is an advanced fruit preservation technology with no added sugar or preservatives [as opposed to dried or candied fruit].

## Who is the product recommended for?

For people on reduction diets and all conscious consumers looking for healthy substitutes to traditional chocolates filled with trans fats and sugar.

PACKAGING:



53 g

## STRAWBERRY & CHOKEBERRY

NUTRITION VALUE	per 100 g
Energy	2014 kJ / 486 kcal
Fat	35 g
of which saturates	21 g
Carbohydrate	50 g
of which sugars	9,9 g
of which polyols	39 g
Fibre	3,3 g
Protein	6,8 g
Salt	0,19 g

## BLACKCURRANT & CRANBERRIES

NUTRITION VALUE	per 100 g
Energy	2023 kJ / 489 kcal
Fat	35 g
of which saturates	21 g
Carbohydrate	50 g
of which sugars	8,9 g
of which polyols	39 g
Fibre	4,4 g
Protein	6,8 g
Salt	0,19 g



# DARK CHOCOLATE

» dark chocolate, just the right composition for a plain chocolate



HAND-MADE  
CHOCOLATE



FULL OF  
REAL FRUITS



NO ADDED  
SUGAR

Dark chocolate is an exquisite plain chocolate in two stunning flavours: cherry with tangerine and pistachio with almond. Everybody has probably come across a 'dark chocolate' that turned out to contain as much sugar as a regular milk chocolate bar. Dark chocolate is a diet chocolate bar with no sugar! The fruity flavour of Dark chocolate contains a marginal amount of carbohydrates, which come from healthy, freeze-dried fruit. The rich, bitter flavour balances the sweetness derived from the safe, low-calorie sweetener, maltitol. The basic ingredient of Dark chocolate is cocoa mass.

## Who is the product recommended for?

People on reducing diets and everyone who is looking for healthy sweets that are safe for the figure and do not lead to sugar level fluctuations.

PACKAGING:



53 g

## PISTACHIO & ALMOND

NUTRITION VALUE	per 100 g
Energy	2015 kJ / 488 kcal
Fat	37 g
of which saturates	21 g
Carbohydrate	45 g
of which sugars	0 g
of which polyols	41 g
Fibre	8,2 g
Protein	6,0 g
Salt	0 g

## CHERRY & TANGERINE

NUTRITION VALUE	per 100 g
Energy	1939 kJ / 469 kcal
Fat	34 g
of which saturates	20 g
Carbohydrate	48 g
of which sugars	1,9 g
of which polyols	41 g
Fibre	8,2 g
Protein	5,1 g
Salt	0 g

# WHITE CHOCOLATE

» white chocolate, you don't have to give up white chocolate in your diet



HAND-MADE  
CHOCOLATE



FULL OF  
REAL FRUITS



NO ADDED  
SUGAR

White chocolate is a white, diet chocolate that comes in two flavours: cherry with tangerine and cherry with strawberry. Yes, it's quite true that White Chocolate is heavenly sweet, but it's a very safe sweetness that comes from the low-calorie sweetener maltitol and freeze-dried fruit. Freeze-drying is a very novel technology of fruit preservation that doesn't involve adding sugar and guarantees 100% preservation of the taste and aroma of the fruit. Enjoy the unique flavour of White Chocolate, even on a harsh, reducing diet.

## Who is the product recommended for?

Especially for people on reducing diets who miss the taste of chocolate. A piece of White Chocolate is a safe enrichment of any meal.

PACKAGING:



53 g

## STRAWBERRY & CHERRY

NUTRITION VALUE	per 100 g
Energy	2046 kJ / 494 kcal
Fat	36 g
of which saturates	22 g
Carbohydrate	53 g
of which sugars	9,3 g
of which polyols	42 g
Fibre	0,8 g
Protein	5,9 g
Salt	0,2 g

## TANGERINE & CHERRY

NUTRITION VALUE	per 100 g
Energy	2059 kJ / 497 kcal
Fat	36 g
of which saturates	22 g
Carbohydrate	54 g
of which sugars	9,6 g
of which polyols	42 g
Fibre	0,6 g
Protein	5,8 g
Salt	0,20 g

# BOOSTER WHEY PROTEIN SHAKE

» good old WPC [whey protein concentrate] in irresistible flavours, with valuable MCT [medium-chain triglycerides]



Booster Whey Protein is a concentrate of whey protein from milk, with a medium absorption time [absorption of the protein from WPC starts after 40-60 minutes]. You can reach for this perfect product any time of the day, when you are looking for a dose of full-value, easily-absorbable proteins and also during a weight-loss treatment, facilitated by proteins [as they increase the energy output of the body]. The seductive range of Booster Whey Protein flavours keeps boredom out of your diet; you can find your favourite taste of gingerbread, caramel, marzipan and many others in Booster Whey Protein products, so you will not miss high-calorie delicacies. The product also contains medium chain triglycerides that enhance protein absorption, and their thermogenic effect not only helps you to avoid gaining weight, but also eliminates your unwanted kilograms.

## PACKAGING:



2000 g



700 g



30 g

## FLAVOURS:



Chocolate-candy



Coconut



Salted caramel



Peanut butter-banana



Cream



Chocolate-wafer



Tripple chocolate

NUTRITION VALUE	per 90 g*
Energy	1411 kJ / 334 kcal
Fat	7,2 g
of which saturates	4,1 g
Carbohydrate	4,3 g
of which sugars	3,3 g
Protein	63 g
Salt	0,72 g
ACTIVE INGREDIENTS	
Whey Protein Concentrate	82,1 g
MCT Oil	1,4 g

\*Daily portion of the product



# BOOSTER ISOLATE PROTEIN SHAKE

» readily absorbable whey proteins in a unique range of flavours



HIGH  
PROTEIN



LOW  
SUGARS



SHAKE  
& READY

Booster Isolate Protein is a highly-concentrated isolate of whey proteins. Each serving of this product provides almost 25 g of full-value whey protein with a high content of branched-chain amino acids, (BCAA) glutamine and under 1 g of carbohydrates and fat. The isolate is a quickly-absorbable protein formula. The absorption process starts only 15 minutes after consumption and achieves a maximum effectiveness, due to the unique technology used in the manufacturing of Booster Isolate Protein. Booster Isolate Protein is manufactured based on cross-flow microfiltration (CFM) technology which does not denature the valuable whey proteins, which significantly increases their biological value (BV). Strawberry muffin, apple pie, chocolate nut cream, cheesecake, vanilla and berry or white chocolate are all flavours that ensure a perfect start to every day.

## PACKAGING:



2000 g



700 g



30 g

## FLAVOURS:



White chocolate



Strawberry muffin



Chocolate-peanut butter



Vanilla cream & Berry

NUTRITION VALUE	per 90 g*
Energy	1303 kJ / 307 kcal
Fat	0,3 g
of which saturates	0,2 g
Carbohydrate	2,3 g
of which sugars	2,3 g
Protein	73,7 g
Salt	0,99 g
ACTIVE INGREDIENTS	
CFM Whey Protein Isolate	83,4 g

\*Daily portion of the product

# PROTEIN BAR

» delicious high protein bar with no added sugars



PACKAGING:



50 g



HIGH PROTEIN  
PER BAR



NO ADDED  
SUGAR

Protein Bar is a high-protein candy bar that forms a healthy substitute and varied meal during the day, available in two delicious flavours: nutty and nougat caramel. The bars contain only naturally occurring carbohydrates, and owe their sweet taste to the presence of maltitol – a sweetener (alcoholic sugars – polyols) with a severely reduced calorie content. Protein Bar is a delicious source of full-fledged protein: each bar has as much as 30 g of protein from the best source of whey protein concentrate, from milk. The fat pools of the bars are created using healthy fats from coconut (source of MCT) and milk (source of short-chain acids). Both bars contain a delicious caramel filling, accompanied by crispy arachid nuts (nutty flavour-caramel) or crunchy nougat filling (nougat-caramel flavour).

## Who is the product recommended for?

People looking for healthy alternatives to unhealthy snacks, who at the same time pay attention to providing a proper portion of protein during meals. Recommended for busy people trying to stick to a diet (quick, delicious meal replacement).

## NOUGAT & CARAMEL

NUTRITION VALUE	per 100 g
Energy	2147 kJ / 515 kcal
Fat	33 g
of which saturates	19 g
Carbohydrate	29 g
of which sugars	16 g
of which polyols	11 g
Protein	30 g
Salt	0,27 g

## PEANUT & CARAMEL

NUTRITION VALUE	per 100 g
Energy	2083 kJ / 500 kcal
Fat	32 g
of which saturates	16 g
Carbohydrate	30 g
of which sugars	17 g
of which polyols	10 g
Protein	27 g
Salt	0,46 g



# PROTEIN WAFER

» one delicious wafer and as much as 30 g of protein!



CONTAINS WPC  
PROTEIN



NO ADDED  
SUGAR



DOES NOT CONTAIN  
HARDENED FAT



Protein Wafer is a divinely sweet, crispy wafer. Depending on its taste, each Protein Wafer contains a minimum of 30 g of complete protein, derived from fast absorbing whey protein with a very high BV. Protein Wafer is a really high-protein snack because it contains less carbohydrates than protein, more than half of which is a low-calorie maltitol for a unique sweet taste without a guilty conscience. One cannot imagine a more delicious portion of protein than Protein Wafer.

PACKAGING:



40 g

## Who is the product recommended for?

Anyone looking for protein enrichment in their diet, especially those on low-carbohydrate diets or reduction diets.

## COOKIES & CREAM

NUTRITION VALUE	per 100 g
Energy	2252 kJ / 541 kcal
Fat	37 g
of which saturates	18 g
Carbohydrate	22 g
of which sugars	2,2 g
of which polyols	7,5 g
Protein	33 g
Salt	0,39 g

# LIQUID EGG WHITES

» complete egg white in an easily digestible form



100% EGG  
WHITE



HIGH PROTEIN  
CONTENT



CAN BE CONSUMED  
RAW!

Liquid egg whites are hen egg whites in a natural, liquid form. Hen eggs are a source of complete protein which contains all essential amino acids that the human body cannot synthesise on its own. Thanks to its liquid form, Liquid egg whites is an excellent source of rapidly absorbable protein, which is worth taking in the post-workout period when the muscles have an increased demand for this nutrient for regeneration and post-workout overcompensation. The egg proteins contained in Liquid egg whites have undergone a pasteurisation treatment, thanks to which they remain fresh for up to 7 days after opening the packaging! If you are tired of separating egg yolks from egg whites on a daily basis and need to consume or heat-treat these as soon as possible because they go off, then reach for the convenient Liquid egg whites. The advantage of Liquid egg whites is that it can be eaten raw.

## Who is the product recommended for?

Egg whites do not have a pronounced taste, which is why Liquid egg whites can be used as a protein to complement any recipes, whether savoury [meat] or sweet [omelettes, shakes, desserts]. The product is recommended for people on protein-deficient diets and those with increased protein requirements, such as physically active people.

## PACKAGING:



970 ml

NUTRITION VALUE	per 100 g
Energy	220 kJ / 52 kcal
Fat	0,8 g
of which saturates	0,3 g
Carbohydrate	1,2 g
of which sugars	1,2 g
Protein	10 g
Salt*	0,41 g

\*The salt content is exclusively due to the presence of naturally occurring sodium

## NOTES





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